NSW Wed 7 Oct to Tue 13 Oct 2026
For terms, conditions and exclusions, see page 26.

coles



$4 ea
SAVE $4
WAS $8

Cadbury Dairy Milk Block Chocolate 160g-190g

1/2 PRICE



Bonus cookware credit*

$1.45 ea
SAVE $1.45
WAS $2.90

Farmers Union Greek Style or No Added Sugar Kids Yogurt Pouch 130g $1.12 per 100g.
*See page 10 for T&Cs



$3.50 ea
SAVE $3.50
WAS $7

Kellogg's Nutri Grain 290g or Coco Pops 320g



$6 ea
SAVE $6
WAS $12

Streets Magnum Sticks 4 Pack-6 Pack 360mL-400mL



Back to school

See pages 12 to 19





$7.50 pk
SAVE $7.50
WAS $15

1/2 PRICE

Coles Made Easy Slow Cooked Honey BBQ Pork Belly Bites 500g $15.00 per kg.
On sale for 2 weeks





Your chance to
Shop. Scan. WIN!
THE ALL-NEW, ALL-ELECTRIC MAZDA CX-6E & A YEAR'S WORTH OF GROCERIES

Spend $20 or more in one transaction in store and scan your registered Flybuys for your chance to win!

See page 3 for T&Cs

1/2 PRICE



$2 ea
SAVE $2.20 WAS $4.20

Gatorade Sports Drink 600mL
$3.33 per litre



$2.25 ea
SAVE $2.25 WAS $4.50

Kellogg's LCMs or Nutri Grain Bars 5 Pack 100g-110g



$2.40 ea
SAVE $2.40 WAS $4.80

Golden Crumpet Rounds 6 Pack 300g $0.80 per 100g



Bonus cookware credit*

$4 ea
SAVE $4 WAS $8

Nescafé Coffee Sachets 8 Pack-10 Pack
*See page 10 for T&Cs



$2.25 ea
SAVE $2.25 WAS $4.50

Viva Paper Towel 2 Pack
$1.88 per 100 sheets

1/2 PRICE **NIVEA**
Exclusions apply †



$5.25 ea
SAVE $5.25 WAS $10.50

Nivea Antiperspirant Aerosol Deodorant 250mL
$2.10 per 100mL

†Excludes Every Day & clearance items

1/2 PRICE COSMETICS

See pages 8 to 9 for details



Coles Australian Baby Cucumbers 250g Pack $12.00 per kg

Your chance to Shop. Scan. WIN![+]

THE ALL-NEW, ALL-ELECTRIC MAZDA CX-6E & A YEAR'S WORTH OF GROCERIES

Weekly winners

10 to be won



In store only

Spend $20 or more in one transaction in store and scan your registered Flybuys for your chance to win! Flybuys

[+]Competition dates 7/10/26 to 3/11/26. Open to AU res. 18yrs+ and a registered Flybuys member. Limit of three (3) bonus entries applies per brand, per transaction. Each valid entry received during a week of the Competition will be entered into the corresponding weekly draw for that week only. Draw dates: (20/10/26, 27/10/26, 3/11/26, 10/11/26). A limit of one prize per competition per Flybuys account applies. Each prize package consists of an all new all electric Mazda CX-6e (valued at $57,811 on road as at 13/9/26) and one years' worth of groceries valued at $15,000. Excludes the purchase of iTunes cards, gift cards, Mobile and Tech accessories (inc. plans and recharge), Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Exclusions and full T&Cs apply – www.coles.com.au/shop-scan-win-terms. ACT Permit TP26/02054, NSW Permit NTP/17906, SA Permit T26/1531

1/2 PRICE



$1 ea

SAVE $1
WAS $2

Cadbury Giant Caramello Koala or Freddo Frog 35g
$2.86 per 100g



$1.25 ea

SAVE $1.75
WAS $3

Mars Chocolate Bar 35g-50g



$1.50 ea

SAVE $1.50
WAS $3

Nestlé or Reese's Chocolate Bar 35g-50g



$2.75 ea

SAVE $2.75
WAS $5.50

Darrell Lea Allsorts or Batch 37 Liquorice 260g-270g



$3 ea

SAVE $3
WAS $6

Darrell Lea Bullets or BB's 150g-204g



$3.75 ea

SAVE $3.75
WAS $7.50

Mars or Skittles Fun Size 132g-192g



$7 ea

SAVE $7
WAS $14

Cadbury Favourites 264g-265g



$10 ea

SAVE $10
WAS $20

Toblerone 340g
$2.94 per 100g



$15 ea

SAVE $15
WAS $30

Cadbury Favourites 686g-700g

1/2 PRICE



$1.75 ea
SAVE $1.75 WAS $3.50

Cheezels 125g
$1.40 per 100g



$2 ea
SAVE $2.20 WAS $4.20

Gatorade G Active Water 600mL $3.33 per litre



$2.25 ea
SAVE $2.25 WAS $4.50

Coca-Cola, Fanta or Sprite Soft Drink 1.25 Litre
$1.80 per litre



$2.25 ea
SAVE $2.25 WAS $4.50

Bhuja Mix 140g-160g



$2.40 ea
SAVE $2.40 WAS $4.80

Popcorners 130g
$1.85 per 100g



$2.50 ea
SAVE $2.50 WAS $5

Sunbites Grain Waves 170g
$1.47 per 100g



$2.60 ea
SAVE $2.60 WAS $5.20

Tostitos Tortilla Chips 165g-175g



$3 ea
SAVE $3 WAS $6

Violet Crumble Bites 130g-150g On sale for 2 weeks



$4.25 ea
SAVE $4.25 WAS $8.50

Smith's Crinkle Cut Potato Chips, Doritos Corn Chips or Red Rock Deli Potato Chips 290g-380g

1/2 PRICE



$1.75 ea

SAVE $1.75
WAS $3.50

Heinz Baked Beanz or Spaghetti 420g
$0.42 per 100g



$2 ea

SAVE $2
WAS $4

Ben's Original Flavoured Rice Pouch 240g-250g or Lunch Bowl 220g



$3.75 ea

SAVE $3.75
WAS $7.50

Uncle Tobys Cheerios 520g-560g



$4 ea

SAVE $4.50
WAS $8.50

Vittoria Coffee Sachets
8 Pack $0.50 per each.
2nd week on sale



$6.75 ea

SAVE $6.75
WAS $13.50

Twinings Tea Bags
80 Pack-100 Pack



$8 ea

SAVE $8
WAS $16

La Española Olive Oil
500mL $1.60 per 100mL.
*See page 10 for T&Cs



$10.50 ea

SAVE $10.50
WAS $21

Sunrice Medium Grain Rice
5kg $0.21 per 100g



$15 ea

SAVE $15
WAS $30

Gym Bod Protein Powder
270g $5.56 per 100g



$17 ea

SAVE $17
WAS $34

Golden Fields Canola or Vegetable Oil 4 Litre
$0.43 per 100mL.
2nd week on sale

1/2 PRICE



$2.25 ea
SAVE $2.25 WAS $4.50

Colgate Plax Fresh Mint Mouthwash 250mL
$0.90 per 100mL.
*See page 10 for T&Cs



$4 ea
SAVE $4 WAS $8

Listerine Freshburst or Freshburst Zero Mouthwash 500mL $0.80 per 100mL



$45 ea
SAVE $45 WAS $90

Oral B Vitality Pro Electric Toothbrush Travel Edition Black 1 Pack $45.00 per each



$3.50 ea
SAVE $3.50 WAS $7

Carefree Breathable Unscented Liners 48 Pack
$0.07 per each



$7.50 ea
SAVE $7.50 WAS $15

Schick Speed 5 Razor Kit with 1 Refill Blade 1 Each
$7.50 per each



$10.25 ea
SAVE $10.25 WAS $20.50

QV Baby Gentle Wash 500g
$2.05 per 100g



$10.50 ea
SAVE $10.50 WAS $21

Caltrate Bone & Muscle Health Tablets 100 Pack^
$10.50 per 100 each



$19.75 ea
SAVE $19.75 WAS $39.50

Nature's Own Glucosamine Sulfate with Chondroitin Tablets 200 Pack^
$9.88 per 100 each



$42.50 ea
SAVE $42.50 WAS $85

Blackmores Omega Triple Strength Fish Oil Capsules 150 Pack^ $28.33 per 100 each

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE

COSMETICS

Exclusions apply †



Bonus entry Shop. Scan. WIN! In store only

$15 ea

SAVE $15 WAS $30

Rimmel Multi Tasker Better Than Filters 30mL
$5.00 per 10mL.
+See page 3 for T&Cs



Bonus entry Shop. Scan. WIN! In store only

$9 ea

SAVE $9 WAS $18

Sally Hansen Vitamin E Nail & Cuticle Oil 13.3mL
$6.77 per 10mL.
+See page 3 for T&Cs



$11.50 ea

SAVE $11.50 WAS $23

Rimmel Wonderbond Lash Filler Mascara 11mL
$10.45 per 10mL.
+See page 3 for T&Cs



$14 ea

SAVE $14 WAS $28

Revlon All In Tubing Mascara 12.9mL $10.85 per 10mL



$14.50 ea

SAVE $14.50 WAS $29

Revlon Super Lustrous Lipstick 4.2g $34.52 per 10g



$3 ea

SAVE $3 WAS $6

Cutex Strengthening Nail Polish Remover 100mL
$3.00 per 100mL

†Excludes Every Day & clearance items

$30 ea

SAVE $10 WAS $40





Huggies Ultra Dry Jumbo Nappies 60 Pack-108 Pack

1/2 PRICE

COSMETICS

Exclusions apply †



$12.50 ea

SAVE $12.50
WAS $25

Maybelline Instant Eraser Concealer 6mL $20.83 per 10mL



$14 ea

SAVE $14
WAS $28

Maybelline Sky High Mascara 7.2mL $19.44 per 10mL



$14 ea

SAVE $14
WAS $28

Maybelline Fit Me Foundation 30mL $4.67 per 10mL



$15 ea

SAVE $15
WAS $30

L'Oréal Paris 3 Second Setting Mist 75mL $2.00 per 10mL



$16.50 ea

SAVE $16.50
WAS $33

L'Oréal Paris Panorama Mascara 9.9mL $16.67 per 10mL



$17 ea

SAVE $17
WAS $34

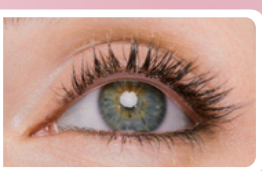
L'Oréal Paris True Match Liquid Foundation 30mL $5.67 per 10mL

† Excludes Every Day & clearance items

MAYBELLINE NEW YORK

NEW
SKY TUBES
TUBING MASCARA





NEW at coles

1/2 PRICE



$14.50 ea

SAVE $14.50
WAS $29

Maybelline Sky Tubes Tubing Mascara 7mL
$20.71 per 10mL

ADVERTISER PROMOTION

THE EXCLUSIVE COLLECTION BY CURTIS STONE

Free

Curtis Stone Entertaining Range

with cookware credits**

Every $20 spent = 1 credit when you scan your Flybuys

Flybuys



FREE with 38 credits or 19 credits + $19

Set of 2 Cooking Utensils

FREE with 100 credits or 50 credits + $50

Roasting Tray & Board

FREE with 58 credits or 29 credits + $29

Serving Bowl with Servers



FREE with 32 credits or 16 credits + $16

Oil Pour & Spray Bottle

FREE with 90 credits or 45 credits + $45

26cm Cast Iron Skillet



FREE with 22 credits or 11 credits + $11

Kitchen Shears

FREE with 48 credits or 24 credits + $24

Cast Iron Grill Press

**Spend $20 in one transaction in-store or online at Coles (after savings and discounts have been applied) and scan your Flybuys to receive one cookware credit. *Receive one bonus cookware credit when you also purchase a selected product from a participating brand or product range. Limit of one bonus Cookware credit applies per brand, per transaction. Earn credits until 12/01/27 and redeem credits by 19/01/27 or while stocks last. $20 spend excludes the purchase of Coles Insurance products, UberEats, iTunes cards, gift cards, Mobile and Tech Accessories (inc. plans and recharge), Opal top up, calling cards, charity products, liquor, tobacco, tobacco related product purchases, subscriptions, and delivery fees. For full terms & conditions visit coles.com.au/curtis-entertaining-range-terms CURTIS STONE® is a registered trademark in Australia. All rights reserved

1/2 PRICE



Bonus cookware credit*

$19 ea

SAVE $19
WAS $38

Vanish NapiSan Gold Pro Turbo Stain Remover Powder 2kg $9.50 per kg.
*See page 10 for T&Cs



Bonus cookware credit*

$5.50 ea

SAVE $5.50
WAS $11

Bref In The Bowl Toilet Cleaner Two Pack 100g $5.50 per 100g.
*See page 10 for T&Cs



$6.50 ea

SAVE $6.50
WAS $13

Dettol Multipurpose Wipes 100 Pack $0.07 per each.
2nd week on sale.
*See page 10 for T&Cs



$6 ea

SAVE $6
WAS $12

Comfort Fabric Conditioner 900mL $6.67 per litre



$11 ea

SAVE $11
WAS $22

Radiant Laundry Liquid 2 Litre or Powder 2kg



$12 ea

SAVE $12
WAS $24

Biozet Attack Regular Laundry Liquid 2 Litre or Powder 2kg



$14.50 ea

SAVE $14.50
WAS $29

Dynamo Professional Laundry Liquid 2 Litre $7.25 per litre.
+See page 3 for T&Cs



$3.20 ea

SAVE $3.30
WAS $6.50

White King Power Toilet Cleaner 700mL $0.46 per 100mL



$23 ea

SAVE $23
WAS $46

Fairy Platinum Dishwashing Tablets 52 Pack $0.44 per each

1/2 PRICE



$2.75 ea
SAVE $2.75 WAS $5.50

Kellogg's K-Time Baked Twists 185g
$1.49 per 100g

Back to school



$2.85 ea
SAVE $2.85 WAS $5.70

Vegemite Kids Spread 220g
$1.30 per 100g



$3 ea
SAVE $3 WAS $6

Kellogg's LCMs Treatz 130g
$2.31 per 100g



$4.75 ea
SAVE $4.75 WAS $9.50

Nestlé Milo or Uncle Tobys Plus Cereal 535g-705g



$6.37 ea
SAVE $6.38 WAS $12.75

Sistema To Go Maxi Fold Up Lunch Cooler 1 Each $6.37 per each. 2nd week on sale



$7.10 ea
SAVE $7.10 WAS $14.20

Sistema To Go Bento Cube 1.25 Litre $7.10 per each



$8 ea
SAVE $8 WAS $16

Sistema Nest It Meal Prep Containers 870mL 5 Pack
$1.60 per each



$15 ea
SAVE $15 WAS $30

Sistema Stainless Steel Double Walled Bottle 650mL
$15.00 per each



Back to school



Back to school 1/2 PRICE Back to school



$1.60 ea
SAVE $1.60 WAS $3.20

Oreo Creme Cookies 136g-140g



$2 ea
SAVE $2 WAS $4

Arnott's Fully Loaded or Light & Crispy Shapes 120g-130g



$2.15 pk
SAVE $2.15 WAS $4.30

Don Deli Cuts 80g-100g



$2.30 ea
SAVE $2.35 WAS $4.65

Chobani Flip 16g High Protein Greek Yogurt 140g-142g



$2.50 ea
SAVE $2.50 WAS $5

Arnott's Tiny Teddy, Bluey or Shapes Crackers 7 Pack-8 Pack 168g-200g



$2.75 ea
SAVE $2.75 WAS $5.50

Poppin M&Ms or Snickers Popcorn 110g $2.50 per 100g



$2.85 ea
SAVE $2.85 WAS $5.70

Golden Circle Cordial Zero Sugar 2 Litre $1.43 per litre



$3.10 ea
SAVE $3.10 WAS $6.20

Mr Kipling Cakes or Slices 6 Pack 150g-165g



$3.50 ea
SAVE $3.50 WAS $7

Table of Plenty Topped Sweet Rice Cakes 6 Pack 84g-102g

Back to school



$2 ea

SAVE 50¢ WAS $2.50

Arnott's Marie or Nice Biscuits
250g $0.80 per 100g



$2.80 ea

SAVE $1.20 WAS $4

Arnott's Shapes Crackers
160g-190g



$3 ea

SAVE $1 WAS $4

Arnott's Creams Biscuits
200g-250g 2nd week on sale



$3.40 ea

EVERY DAY

Arnott's Salada Crispbreads
250g $1.36 per 100g



$6 ea

EVERY DAY

Arnott's Tiny Teddy or Shapes Variety 15 Pack 375g
$1.60 per 100g



2 for $6

SAVE $2

Arnott's Jatz or Clix Crackers
225g-250g On sale for 2 weeks

Healtheries.

Tasty Snacks that do the trick



2 for $8

SAVE $2

baked not fried | low sugar | lunchbox friendly

Healtheries Potato Stix or Rice Wheels 6 Pack 120g-126g

air popped not fried

ADVERTISER PROMOTION

Back to school



95¢ ea

SAVE 45¢
WAS $1.40

Yoplait Petit Miam Yoghurt Pouch 70g
$1.36 per 100g



$1.75 ea

SAVE $1.25
WAS $3

Bega Cheese & Crackers 38g
$4.61 per 100g



$2.25 ea

SAVE 80¢
WAS $3.05

Tamar Valley Dairy The Creamery Greek Style Yoghurt Pouch 150g
$1.50 per 100g



$3 ea

SAVE $1.50
WAS $4.50

Primo Stackers 45g-57g
2nd week on sale.
*See page 10 for T&Cs



$5 ea

SAVE $1.30
WAS $6.30

Western Star Spreadable Blend 375g $1.33 per 100g



$6 ea

SAVE $2
WAS $8

Bega Lactose Free Cheese Grated or Slices 250g
$24.00 per kg



$6.40 ea

SAVE $1.60
WAS $8

Bega Cheese Slices or Block 250g $25.60 per kg



$7.20 ea

SAVE $1.80
WAS $9

Jalna Pot Set Greek Style Yoghurt 1kg $0.72 per 100g

EVERY DAY



$3.30 ea

Coles Bakery Loaf 680g
$0.49 per 100g. Selected stores only



$4.50 ea

Coles Muffins 4 Pack 420g or 9 Pack 315g

Back to school



$3.80 ea

Cottee's Jam 375g
$1.01 per 100g



Bonus cookware credit*

$19.50 ea

Sanitarium Up&Go Protein Energize 12x250mL
$6.50 per litre. *See page 10 for T&Cs



$4 ea
SAVE $2.70
WAS $6.70

Uncle Tobys Protein Muesli Bars 175g $2.29 per 100g



$4 ea
SAVE $2.70
WAS $6.70

Uncle Tobys Le Snak 132g $3.03 per 100g



$4 ea
SAVE $1.60
WAS $5.60

Nice & Natural Fruit Strings or Blocks 120g-136g



$6 ea
SAVE $1.50
WAS $7.50

Carman's Nut or Muesli Bars 160g-270g On sale for 2 weeks



$7.50 ea
SAVE $3.20
WAS $10.70

Nestlé Milo 395g-460g

EVERY DAY



Coles Fruit Puree 90g
$10.56 per kg



Coles Multipack Popcorn 10 Pack 200g $1.30 per 100g



Coles Mini Cream Wafers 6 Pack 175g $1.71 per 100g



Coles Simply Fruit Drink 6x250mL $2.00 per litre



Coles Ultimate 40% Chocolate Chip Cookies 200g
$1.90 per 100g



Coles Perform Tuna Snack 190g $2.11 per 100g



Coles Fruit Filled Bars Variety Pack 450g $1.33 per 100g



Coles Finest Orange Juice 2 Litre $3.25 per litre.
*See page 10 for T&Cs



Coles Simply Cheddar Cheese Block 1kg $9.30 per kg



1/2 PRICE

Back to school



$4.40 ea
SAVE $4.40
WAS $8.80

Faber Castell Connector Pens 20 Pack



$5 ea
SAVE $5
WAS $10

Bic 4 Colour Pens 3 Pack



$8 ea
SAVE $7
WAS $15

Sharpie S-Gel Assorted Pens 4 Pack



$7 ea
EVERY DAY

Mix Women's Quarter Crew Sport Socks or Mix Men's Low Cut Sports Socks 5 Pack



$11.50 ea
SAVE $5.50
WAS $17

NRG USB-A to Lightning White Cable 1.2 Meters 1 Each



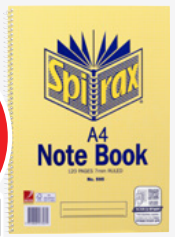
$5.50 ea
SAVE $1.90
WAS $7.40

Pilot Frixion Ball Pen 2 Pack



$6 ea
SAVE $5.75
WAS $11.75

Elmer's Magical Liquid 1 Each



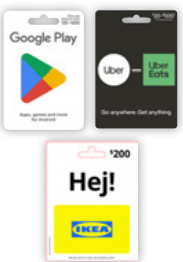
$3 ea
SAVE $1
WAS $4

Spirax A4 Notebook 120 Pages 1 Each

Flybuys 20x POINTS

Google Play, Uber/Uber Eats, and Ikea Gift Cards when you swipe your Flybuys card at the checkout.

In-store only



Offer valid from 7/10/26 to 13/10/26 and only available in store at Coles Supermarkets (excludes Coles Online and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability.To qualify for this offer you must present your Flybuys card at the time of purchase. **BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but up to a maximum of 50,000 points can be collected per Flybuys account for the promotional period. NOTE: a purchase limit of 5 cards per customer per day applies.** $20 = 400 Flybuys Points; $30 = 600 Flybuys Points; $50 = 1,000 Flybuys Points; $100 = 2,000 Flybuys Points; $200 = 4,000 Flybuys Points. While stocks last, no rainchecks. Gift Cards can't be used to purchase other Gift Cards at Coles. Google Play is a trademark of Google LLC. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at Flybuys.com.au.



Coles Bakery Pizza Rolls 2 Pack
$1.75 per each. Selected stores only



Coles Bakery Cinnamon Donuts 12 Pack
$0.25 per each. Selected stores only



Coles Bakery Cookies or Biscuits 12 Pack
$0.29 per each. Selected stores only



Coles Bakery Stone Baked by Laurent Ciabatta Loaf
$4.00 per each. Selected stores only



Coles Chilled Slices 2 Pack 170g-270g Selected stores only.
From the Patisserie Fridge



Coles Tea Cakes 400g
$1.58 per 100g

EVERY DAY



Coles Simply Soft Wraps 8 Pack 360g $0.61 per 100g



Coles Bakery Rolls 6 Pack
$0.50 per each.
Selected stores only

Trick or Treat

Saturday 31 October



$2 ea

Large Treat Pail



$3 ea

Treat Bags 15 Pack



$5 ea

Witch Broom Stick



$8 ea

Coles Light Up Spinner Wand



$8 ea

Halloween Stamps 30 Pack



$9 ea

Spooky Plush
Assorted designs



$12 ea

Doorbell Skull Knocker



$12 ea

Halloween Bowl



$14 ea

Resin Decor Led Skeleton in Book

While stocks last. No rainchecks

+Offer ends Tue 3 Nov 2026. Offer available at Coles when you activate the offer and present or enter your registered Flybuys. Excludes Uber Eats purchases. 10x points equals 1 standard Flybuys point and 9 bonus points per $1 spent. Points collected from this promotion will appear in qualifying members' accounts within 48 hours after qualifying shop. Points awarded after savings and discounts. Offer T&Cs and participating products available at www.coles.com.au/Halloween10xpoints. Flybuys T&Cs and privacy policy apply and are available at flybuys.com.au

Happy Halloween

Saturday 31 October



$8 ea

Bluey Window Clings



$6 ea

Disney Ultimate Colouring Book
Assorted designs



$7 ea

Licensed Stackable Glass



$9 ea

Licensed Glow in Dark Tumbler



$3.50 ea

Coles Halloween Milk Chocolate Coins 100g $3.50 per 100g



$5 ea

Coles Halloween 3D Gummy Lollies 300g-350g

While stocks last. No rainchecks





$24 kg

SAVE $5 kg WAS $29 kg

NO ADDED HORMONES

AUSTRALIAN GROWN

Coles Australian No Added Hormones Beef Rump Steak $24.00 per kg



Serving suggestion only



$20 pk

SAVE $3 WAS $23

AUSTRALIAN GROWN

Coles Australian No Added Hormones Beef Scotch Fillet Steak 2 Pack 480g $41.67 per kg



$10 pk

SAVE $2 WAS $12

AUSTRALIAN MADE

Coles RSPCA Approved Chicken Kebabs Honey & Soy 750g $13.33 per kg



$17 kg

SAVE $7 kg WAS $24 kg

SPRING LAMB ALWAYS SOURCED FROM AUSTRALIAN FARMS

Coles Australian Lamb Forequarter Chops $17.00 per kg. 2nd week on sale



$9.50 pk

SAVE $1.50 WAS $11

AUSTRALIAN GROWN

Coles Australian Pork Mince Regular 1kg $9.50 per kg. On sale for 2 weeks



$14 kg

SAVE $3 kg WAS $17 kg

AUSTRALIAN GROWN

Coles Australian Pork Loin Chops Large Pack $14.00 per kg



$16 kg

SAVE $5 kg WAS $21 kg

AUSTRALIAN GROWN

Coles Australian Pork Spare Ribs $16.00 per kg. 2nd week on sale



WHILE STOCKS LAST

$8.50 kg

AUSTRALIAN GROWN

Coles RSPCA Approved Chicken Breast Fillets Value Pack $8.50 per kg. While stocks last. No rainchecks



Serving suggestion only



$36 kg

SAVE $6 kg
WAS $42 kg

AUSTRALIAN SEAFOOD



Coles Tasmanian Fresh Salmon Portions Skin Off $36.00 per kg. Selected stores only#



2 for $6.50

SAVE $1

Coles Pre-Packed Antipasto 110g-135g Selected stores only#



$18 kg

SAVE $4 kg
WAS $22 kg

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org
MSC-C-54768

Karumba Australian MSC Certified Thawed Raw Banana Prawns $18.00 per kg. Selected stores only#. On sale for 2 weeks



Bonus cookware credit*

$11 pk

SAVE $5
WAS $16

Hans Twiggy Sticks 500g $22.00 per kg. Selected stores only#. *See page 10 for T&Cs



$1.30 PER 100g

$13 kg

SAVE $5 kg
WAS $18 kg

Bertocchi Olive Mortadella $13.00 per kg. Selected stores only#. 2nd week on sale



$2 PER 100g

Bonus cookware credit*

$20 kg

SAVE $3 kg
WAS $23 kg

Primo Streaky Bacon $20.00 per kg. Selected stores only#. *See page 10 for T&Cs



$2.20 PER 100g

$22 kg

SAVE $6 kg
WAS $28 kg

Don Honey Ham $22.00 per kg. Selected stores only#

READY TO EAT



$16.50 ea

EVERY DAY

NO ADDED HORMONES

AUSTRALIAN MADE

Coles Classic Homestyle No Added Hormones Hot Roast Beef $16.50 per each. Selected stores only#



#For locations of Deli counter stores visit coles.com.au/range-availability



$3.50 kg

Australian Murcott Mandarins
$3.50 per kg



$3.50 kg

Australian Packham Pears
$3.50 per kg

AUSTRALIAN GROWN



$3.90 ea

Australian Rockmelon
$3.90 per each



$4.50 bag

Coles Australian Oranges
2kg Bag $2.25 per kg

Help fuel future champions

Purchase Cavendish bananas & 5¢ per kilo will be donated to Little Athletics

All proceeds will be distributed to Little Athletics. Maximum donation of $150,000. Campaign runs from 07/10/2026 - 20/10/2026.

5¢ PER KILO DONATION TO Little Athletics



100% Aussie Cherry Tomatoes

$2.50 pk

Coles Australian Cherry Tomatoes 250g Pack $10.00 per kg



$8.50 pk

SAVE $1
WAS $9.50

Coles Natural, Dry Roasted, Honey Roasted or Roasted & Salted Cashews 400g Pack $21.25 per kg



$16 pk

SAVE $2
WAS $18

Coles Australian Natural or Roasted & Salted Macadamias 400g Pack $40.00 per kg



5 for $5

Green Kiwifruit
Single sell $1.20 each.
$1.00 each when you buy 5



2 for $5

SAVE $1.60

Coles Australian Baby Spinach 120g or 4 Leaf Salad Mix 200g



$5.50 ea

SAVE 50¢
WAS $6

Coles Kitchen Asian Style or Caesar Salad Bowl 200g-230g



$1 ea

Australian Loose Sweet Corn
$1.00 per each

NEW



$4.90 ea
SAVE $2.10
WAS $7

The Mood Food Co. Protein Choc Crisp Balls 100g $4.90 per 100g



$4.90 ea
SAVE $2.10
WAS $7

Cadbury Crunchie or Coconut Rough Balls 125g-127g



$5 ea
SAVE $1.50
WAS $6.50

Hugo's Cinnabon or Caramelised Biscuit Cream Bombs 130g $3.85 per 100g



$8 ea
EVERY DAY

Mars Fun Size Variety 18 Pack 257g $3.11 per 100g



2 for $10
SAVE $4

Maltesers Duos 120g
$4.17 per 100g



2 for $12
SAVE $3

Nestlé Mini Aero Mint Pack 88g
$6.82 per 100g. 2nd week on sale

Catalogue on sale Wed 7th Oct until Tue 13th Oct 2026 or until Tue 20th Oct where indicated. Selected specials commenced Wed 30th Sep. Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on UberEats and may not be available at Coles online, Coles Local, Coles Broken Hill and Wynyard. Deli promotions are not available at Coles Liverpool, West Ryde, Fairfield West, Narrandera, Chipping Norton, Ropes Crossing, The Entrance, Killarney Vale, Berkeley, Helensburgh, Jewelstown, Fairfield, Illawong, Tanilba Bay, Tea Gardens, Narromine, Westmead, South West Rocks, Green Point, Alstonville, Baulkham Hills, Brighton Le Sands, Cooma, Kings Langley, Wadalba, Tenterfield, Parkes, Eden, Edensor Park, Tuggeranong, Picton, Vincentia, Moss Vale, Wingham, Old Bar, Chullora & Umina Beach. Savings and single sell prices shown are off New South Wales regular selling prices. Some advertised products may already be priced below the New South Wales selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.



$1.50 ea

EVERY DAY

Coles Lollies 150g
$1.00 per 100g



$1.85 ea

SAVE 65¢
WAS $2.50

Fantastic Rice Crackers 100g
$1.85 per 100g



$2.50 ea

SAVE 80¢
WAS $3.30

Arnott's Choc Ripple or Malt 'O' Milk Biscuits 250g $1.00 per 100g



$4.90 ea

SAVE $2.10
WAS $7

Cadbury Chocolate Bites or Balls 120g-142g



$9 ea

SAVE $4
WAS $13

Cadbury Chocolate Coated Fruit or Nut Jar 250g-285g



$9.80 ea

SAVE $4.20
WAS $14

Lindt Lindor Bag 110g-125g

NEW at coles

LIGHT ON SALT FULL ON CRUNCH!



$4 ea

SAVE $1.50
WAS $5.50

Pringles Potato Crisps 118g-134g

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ADVERTISER PROMOTION



H2Coco Coconut Water 1 Litre
$3.00 per litre



Remedy Sodaly 4x250mL
$5.95 per litre. *See page 3 for T&Cs



Golden Circle Mango Nectar or Apple Juice 2 Litre $1.50 per litre



Fever Tree Lime & Yuzu Soda or Ginger Beer 4x250mL
$6.95 per litre



Golden Circle Tetra Fruit Drink 6x250mL $2.83 per litre



EVERY DAY



Mt Franklin Lightly Sparkling Water 1.25 Litre $1.60 per litre



V Energy Drink 250mL
$10.60 per litre



Maximus Sports Drink 1 Litre
$2.90 per litre



Kettle Potato Chips 165g
$2.18 per 100g.
Excludes Ridge Cut 165g.
*See page 10 for T&Cs



Pepsi Soft Drink 2 Litre
$1.90 per litre



Coles Lightly Sparkling Water 20x500mL $1.25 per litre



Frantelle Spring Water 24x600mL** $0.90 per litre



Solo, Sunkist or Schweppes Lemonade Soft Drink 30x375mL
$2.31 per litre



Coca-Cola Soft Drink 30x375mL $2.84 per litre

**Not available for Deliver More delivery timeslots



40% OFF



$1.95 ea
SAVE $1.35
WAS $3.30

Schweppes Soft Drink or Mixers
1.1 Litre $1.77 per litre



$2.50 ea
SAVE $1.70
WAS $4.20

Solo Energy Drink 500mL
$5.00 per litre



$3.60 ea
SAVE $2.40
WAS $6

Arnott's Tim Tam Biscuits
165g-200g Excludes Tim Tam Deluxe 175g



$5 ea
SAVE $3.50
WAS $8.50

Lindt Lindor Block Chocolate
100g $5.00 per 100g



$17.50 ea
SAVE $14.50
WAS $32

Ferrero Rocher Gift Box 30 Pack
375g $4.67 per 100g.
On sale for 2 weeks



$7.80 ea
SAVE $5.20
WAS $13

Red Bull Energy Drink 4x250mL
$7.80 per litre



$13.80 ea
SAVE $9.20
WAS $23

Coca-Cola Soft Drink
or Mt Franklin Sparkling Water
10x375mL $3.68 per litre



$19 ea
SAVE $16
WAS $35

Pepsi or Solo Zero Sugar
Soft Drink 18x375mL
$2.81 per litre

1/2 PRICE



$4.75 ea

SAVE $4.75 WAS $9.50

Vittoria Nespresso Compatible Coffee Capsules 10 Pack $0.48 per each. 2nd week on sale



$6.75 ea

SAVE $6.75 WAS $13.50

Twinings Sparkling Tea 4x250mL $6.75 per litre



$4.50 ea

SAVE $1.30 WAS $5.80

Bega Smooth or Crunchy Peanut Butter 375g $1.20 per 100g



$5.25 ea

SAVE $1.55 WAS $6.80

St Dalfour Fruit Spread 284g $1.85 per 100g



$5 ea

SAVE $2.50 WAS $7.50

Carman's Toasted Muesli 500g $1.00 per 100g



$5.90 ea

SAVE $3 WAS $8.90

Noshu Low Carb Indulgence Bars 150g-160g



$7 ea

EVERY DAY

Sanitarium Weet-Bix 1.2kg $0.58 per 100g.
*See page 10 for T&Cs



$8 ea

EVERY DAY

Uncle Tobys Muesli Bars Value Pack 15 Pack 469g $1.71 per 100g



$26 ea

SAVE $11.50 WAS $37.50

Moccona Freeze Dried Instant Coffee 400g $6.50 per 100g



$32 ea

SAVE $14 WAS $46

Grinders Coffee Beans 1kg $3.20 per 100g. Excludes Café-Q



$3.50 ea

SAVE $1.50
WAS $5

Grenade Protein Bar 60g
$5.83 per 100g



$3.50 ea

SAVE $1
WAS $4.50

Health Lab Protein Wafer 38g or Protein Bar 50g
On sale for 2 weeks



$4.40 ea

SAVE $1.10
WAS $5.50

Milklab Barista Milk 1 Litre
$4.40 per litre



$6 ea

SAVE $2.60
WAS $8.60

Starbucks by Nespresso Coffee Capsules 10 Pack $0.60 per each



2 for $7

SAVE $3

BSc Protein Bar 55g-60g



$22 ea

SAVE $10
WAS $32

Nescafé Blend 43 Instant Coffee 500g $4.40 per 100g.
*See page 10 for T&Cs

FUTURE YOU STARTS HERE.

NEW LOOK SAME GOODNESS

1/2 PRICE

Crisp whole grain flakes

Cashews

Clusters



$4.75 ea

SAVE $4.75
WAS $9.50

Uncle Tobys Plus Cereal 620g-705g

ADVERTISER PROMOTION



Moccona Freeze Dried Instant Coffee 200g
$7.00 per 100g. 2nd week on sale



Sanitarium Weet-Bix Cranberry & Coconut 450g $1.11 per 100g.
*See page 10 for T&Cs



Heinz Ketchup or Barbeque Sauce 500mL $0.80 per 100mL



Betty Crocker Choc Chunk Cookie Mix 485g or Triple Choc Fudge Brownie Mix 500g



Nestlé Baker's Choice Baking Chocolate Melts 225g
$2.13 per 100g



Heinz Seriously Good Aioli or Mayonnaise 295mL $1.56 per 100mL



Moro Extra Virgin Olive Oil 2.2 Litre
$1.32 per 100mL



Nescafé Gold Instant Coffee 180g-200g
*See page 10 for T&Cs



Vittoria Espresso Coffee Beans or Ground 1kg
$3.90 per 100g. Excludes Organic. 2nd week on sale

40% OFF



$1.80 ea

SAVE $1.20
WAS $3

Continental Cup a Soup 2 Serves 50g-75g



$2.95 ea

SAVE $2
WAS $4.95

Mingle Seasoning 45g-50g



$16 ea

SAVE $11
WAS $27

Moro Olive Oil 1 Litre
$1.60 per 100mL



$1.80 ea

SAVE 50¢
WAS $2.30

Mutti Polpa or Whole Peeled Tomatoes 400g $4.50 per kg



$2.10 ea

SAVE 50¢
WAS $2.60

Heinz Big Red Soup 420g
$0.50 per 100g



$3.65 ea

SAVE 95¢
WAS $4.60

Leggo's Chunky Pasta Sauce 540g-550g



$3.50 ea

SAVE $1.50
WAS $5

Maggi 2 Minute Noodles 5 Pack 345g-380g



$4 ea

EVERY DAY

Nombox Ready Meal 350g $1.14 per 100g



2 for $6

SAVE $2.40

MasterFoods Squeeze Tomato or Barbecue Sauce 475mL-500mL
*See page 10 for T&Cs



$7 ea

SAVE $2.50
WAS $9.50

Old El Paso Hard 'N Soft or Stand 'N Stuff Taco Kit 295g-350g

Celebrate Diwali

Sunday 8 November



40% OFF

$3.95 ea

SAVE $2.75 WAS $6.70

The Spice Tailor Indian or Asian Meal Kit 225g-500g



$1.50 ea

SAVE 50¢ WAS $2

Maharajah's Choice Pappadams 100g
$1.50 per 100g. On sale for 2 weeks



$2 ea

SAVE $1 WAS $3

Patak's Spice Rub 25g
$8.00 per 100g



$2 ea

EVERY DAY

Coles Sweetened Condensed Milk 397g $0.50 per 100g



$3.20 ea

EVERY DAY

Coles Naan Bread 3 Pack 250g
$1.28 per 100g



$7.50 ea

EVERY DAY

Farmers Union Greek Style Yogurt 950g-1kg *See page 10 for T&Cs

Select a **DELIVER MORE** slot for Diwali extended range^

coles Deliver More



$5 ea

EVERY DAY

Pattu Toor Dhal 1kg
$5.00 per kg



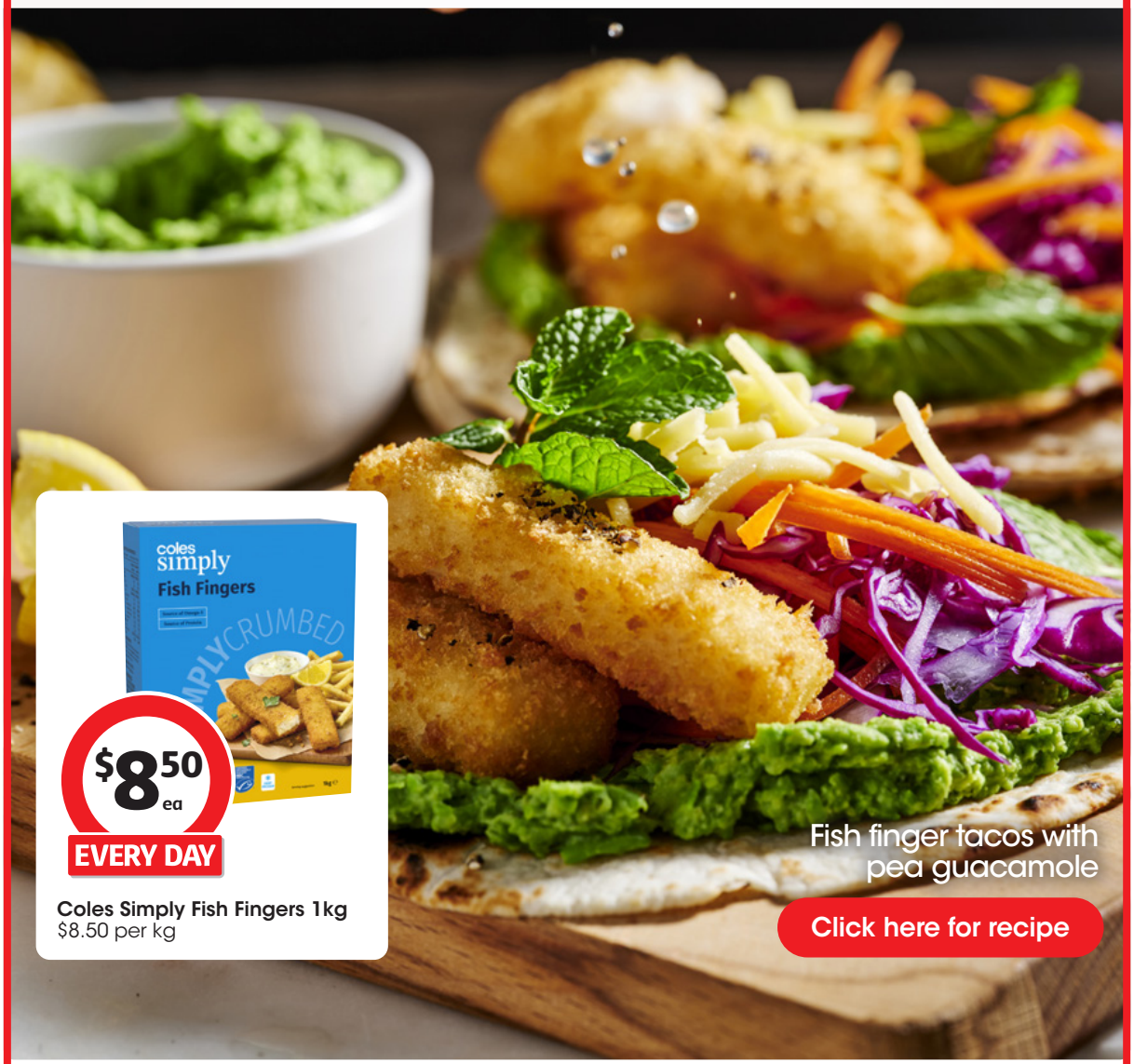
$12.50 ea

SAVE $2.35 WAS $14.85

Daawat Everyday Gold Basmati Rice 5kg $0.25 per 100g

+Deliver More delivery slots available in select locations only. Visit coles.com/deliver-more-suburbs to check your suburb

Delicious dinners start with Simply.



Coles Simply Fish Fingers 1kg
$8.50 per kg



Coles Simply Peas Snap Frozen 1kg
$2.50 per kg



Coles Simply Shredded Cheddar Cheese 700g
$12.14 per kg

1/2 PRICE



$2.25 ea
SAVE $2.25
WAS $4.50

Four'N Twenty Traveller Classic Beef Pie 160g $1.41 per 100g



$4.25 ea
SAVE $4.25
WAS $8.50

Hong Kong Dim Sim Kitchen Pork & Chive Dumplings or BBQ Pork Buns 300g $1.42 per 100g. 2nd week on sale



$12 ea
SAVE $12
WAS $24

KB's Raw Prawns Tail On Large 500g $24.00 per kg

NEW FLAVOUR



2 for $10.50
SAVE $4.50

Pickers Snacks 230g-300g
*See page 10 for T&Cs

Bonus cookware credit*



$7 ea
SAVE $2.50
WAS $9.50

Dr Oetker Ristorante Pizza 310g-390g *See page 10 for T&Cs



NEW at coles

$6 ea
EVERY DAY

Pacific West Air Crisp Fish 250g $24.00 per kg



$7.50 ea
SAVE $3.50
WAS $11

Herbert Adams Slow Cooked Beef Pies 2 Pack 400g-420g



$10 ea
SAVE $4.50
WAS $14.50

Ben & Jerry's Ice Cream Tub 458mL $2.18 per 100mL



$16 ea

Steggles Turkey Breast Roast 1kg $16.00 per kg. No rainchecks

Serve mac & cheese with added Seoul



Made with cheddar and mozzarella and infused with tangy, spicy kimchi for a bold, savory kick, Coles Kitchen Kimchi Mac & Cheese Bites make every party a bit more interesting! Serve the Coles frozen entertaining range today.

3 for $15

SAVE $2.40

Coles Kitchen Frozen Entertaining 160g-330g



$5 ea

SAVE $2.50
WAS $7.50

Lean Cuisine Meal 375g
$1.33 per 100g



$6.50 ea

SAVE $3
WAS $9.50

Core Powerfoods Frozen Meal 350g $1.86 per 100g



$14.40 ea

SAVE $4.50
WAS $18.90

Patties Party Pack 30 Pack 1.25kg $1.15 per 100g



$10 ea

SAVE $2.95
WAS $12.95

Fropro FPFC Chicken Tenders or Burgers 300g $33.33 per kg



$10 ea

SAVE $2.95
WAS $12.95

Fropro Protein Pizza 325g
$3.08 per 100g



$7.50 ea

SAVE $3
WAS $10.50

Four'N Twenty Traditional Meat Pies 4 Pack 700g $1.07 per 100g

AN EYE FOR GOOD®

BIRDS EYE

FISH AND CHIPS TONIGHT?

Bonus cookware credit*



$4.90 ea

SAVE $1.30
WAS $6.20

Birds Eye Golden Crunch Chips 900g $5.44 per kg



$9 ea

SAVE $4
WAS $13

Birds Eye Oven Bake Fish Fillets 425g $21.18 per kg

Serving suggestion

ADVERTISER PROMOTION

*See page 10 for T&Cs

1/2 PRICE



Lotus Biscoff Ice Cream Tub 425mL or Ice Cream Sandwiches 4 Pack 320mL



Oreo Cones, Sandwiches or Nestle Kit Kat Sticks 4 Pack-6 Pack 360mL-475mL



Connoisseur Ice Cream Tub 1 Litre $0.65 per 100mL.
*See page 10 for T&Cs



Peters Drumstick Cones 4 Pack-6 Pack 475mL-490mL



Streets Paddle Pop Sticks 8 Pack 544mL $1.10 per 100mL



Weis Bars 4 Pack-6 Pack 264mL-280mL



Coles Frozen Mini Maple Pancakes 255g $2.75 per 100g



Coles Frozen Pistachio Lava Cakes 2 Pack 180g $3.89 per 100g



Nutella Pot Frozen Dessert 470mL $2.55 per 100mL. 2nd week on sale

Pick Your Perfect Takeaway find it in the freezer

NEW at coles Exclusive

Offer applies when 2 x On the Menu Takeaway Mains 350g and 2 x On the Menu Takeaway Sides or Asia Delights Takeaway Sides 170g-390g are purchased in one transaction

Any 2 mains



On the Menu Takeaway Main Indian Butter Chicken 350g



On the Menu Takeaway Main Chinese Sweet & Sour Chicken 350g

$25

SAVE $5

COMBO DEAL

Choose Any 2 mains + 2 sides

Serves 2



On the Menu Takeaway Main Asian Satay Chicken 350g



On the Menu Takeaway Main Asian Thai Green Curry 350g

+ 2 sides



Asia Delights Takeaway Side Vegetable Spring Roll 252g



Asia Delights Takeaway Side Naan Bread 300g



Asia Delights Takeaway Side Pork Chive Dumplings 170g



On The Menu Takeaway Side White Rice 350g

THE EXCLUSIVE COLLECTION BY CURTIS STONE

Bonus cookware credit*

when you purchase a participating product, spend $20 in one transaction and scan your Flybuys.

40% OFF



$1.90 ea

SAVE $1.30 WAS $3.20

Farmers Union Greek Style Protein No Sugar Added Yogurt Pouch 150g $1.27 per 100g



$3.30 ea

SAVE $1.25 WAS $4.55

Dairy Farmers Protein Smoothie 400mL $8.25 per litre

*See page 10 for T&Cs



$2.40 ea

SAVE 60¢ WAS $3

Chobani Greek Yogurt 160g $1.50 per 100g



$2.50 ea

SAVE $1 WAS $3.50

Arla Protein Pudding 200g $1.25 per 100g



$2.60 ea

SAVE 70¢ WAS $3.30

Chobani 15g High Protein Greek Yogurt 160g $1.63 per 100g



$2.50 ea

SAVE 65¢ WAS $3.15

Pauls Plus+ Protein Dessert or Yoghurt 160g $1.56 per 100g



$3.30 ea

SAVE $1 WAS $4.30

Dare Iced Coffee 500mL $6.60 per litre



$3.90 ea

SAVE $1.40 WAS $5.30

Ice Break Iced Coffee 750mL $5.20 per litre



$4 ea

SAVE $1 WAS $5

The Juice Brothers Juice 1 Litre $4.00 per litre

Entertaining season is here! Find plenty of recipe inspiration and more in the October Coles Magazine.



FREE While stocks last

1/2 PRICE



ONLY at coles

$3.75 ea

SAVE $3.75
WAS $7.50

On the Menu Pasta Sauce 425g
$0.88 per 100g



$5.50 ea

SAVE $5.50
WAS $11

On the Menu Filled Pasta 600g
$0.92 per 100g



$4 ea

EVERY DAY

Coles Cream Cheese 190g
$21.05 per kg



Bonus entry
Shop. Scan. WIN!
In store only

2 for $7

SAVE $3

Black Swan Favourites Dip 180g-200g +See page 3 for T&Cs



$7 pk

SAVE $4.50
WAS $11.50

Tassal Smoked Salmon 100g
$70.00 per kg



$8 ea

SAVE 90¢
WAS $8.90

Western Star Butter 500g
$1.60 per 100g



$8 ea

SAVE $3
WAS $11

Mil Lel Parmesan Block 250g
$32.00 per kg



$10.50 ea

SAVE $1.30
WAS $11.80

Mainland Cheese Block 400g-500g



$1.60 ea

EVERY DAY

Heinz 4+ Months, 6+ Months or 8+ Months Baby Food Pouch 120g $1.33 per 100g



$2 ea

SAVE 30¢
WAS $2.30

Rafferty's Garden 4+ Months, 6+ Months or 8+ Months Baby Food Pouch 120g $1.67 per 100g



$4 ea

SAVE $1
WAS $5

U By Kotex Tampons Regular or Super 16 Pack $0.25 per each

NEW at coles



$11 ea

SAVE $5
WAS $16

Garnier Hydrating Sorbet Cream 85mL $12.94 per 100mL



$13.50 ea

SAVE $5.50
WAS $19

Huggies Baby Wipes 400 Pack $3.38 per 100 each

ONLY at coles



$27 ea

SAVE $4
WAS $31

Rascals Premium Jumbo Nappy Pants 42 Pack-56 Pack

b.box®

every stage.
every meal.
sorted.



$11.50 ea

SAVE $5
WAS $16.50

B.Box Sippy Cup For Kids Assorted Colours 6m+ 1 Each $11.50 per each



$23 ea

SAVE $10
WAS $33

B.Box Insulated Drink Bottle 1 Each $23.00 per each



$23 ea

SAVE $10
WAS $33

B.Box Lunch Box 1 Each $23.00 per each

ADVERTISER PROMOTION

1/2 PRICE



$4.50 ea

SAVE $4.50 WAS $9

Lynx Deodorant Body Spray 165mL
$2.73 per 100mL

NEW at coles



$7.50 ea

SAVE $7.50 WAS $15

Nivea Luminous360 Skin Glow Micellar Water 400mL
$1.88 per 100mL

1/2 PRICE

NIVEA
Exclusions apply †

NEW at coles



$20 ea

SAVE $20 WAS $40

Nivea Cellular Epigenetix Rejuvenating Day Cream SPF15 50mL $40.00 per 100mL



$6.30 ea

SAVE $4.20 WAS $10.50

Gem Skin Loving Deodorant 207mL $3.04 per 100mL



$9 ea

SAVE $4 WAS $13

Palmolive Naturals Body Wash 1 Litre $0.90 per 100mL.
*See page 10 for T&Cs



$16 ea

SAVE $7 WAS $23

Gillette Fusion 5 Razor Kit with 2 Refill Blades 1 Each
$16.00 per each

†Excludes Every Day & clearance items

LUMA GROTHE WEARS SHADE 400



3 X GLOSSIER COLOUR+ NO AMMONIA

YOU'RE WORTH IT.

+INSTRUMENTAL TEST

L'ORÉAL PARIS

casting CRÈME GLOSS



1/2 PRICE

$11 ea

SAVE $11 WAS $22

L'Oréal Casting Creme Colourant 1 Pack
$11.00 per each

ADVERTISER PROMOTION

1/2 PRICE



$1.75 ea
SAVE $1.75
WAS $3.50

Nature's Gift Dog Food 700g
$0.25 per 100g



$9.50 ea
SAVE $9.50
WAS $19

Nature's Gift Grainfree Dry Dog Food 2.5kg $0.38 per 100g



$2.50 ea
SAVE $1
WAS $3.50

Felix Cat Treats 50g-60g



$4.50 ea
SAVE $2.30
WAS $6.80

Nature's Gift Meatballs Dog Food 700g
$0.64 per 100g. From the chilled pet food fridge

63¢ PER POUCH



$7.50 ea
SAVE $6
WAS $13.50

Fussy Cat Cat Food 12x80g $0.78 per 100g



$8 ea
SAVE $2
WAS $10

My Dog Dog Food 6x100g
$1.33 per 100g

1/2 PRICE



$10.75 ea
SAVE $10.75
WAS $21.50

Optimum Dry Cat Food 1.4kg $0.77 per 100g



$13.60 ea
SAVE $3.40
WAS $17

Schmackos Dog Treats 500g $2.72 per 100g

1/2 PRICE



$13.25 ea
SAVE $13.25
WAS $26.50

Fussy Cat Grainfree Dry Cat Food 2.5kg
$0.53 per 100g



$31.50 ea
SAVE $13.50
WAS $45

Optimum Dry Dog Food 6.2kg-7kg



$5 ea
SAVE $5
WAS $10

Morning Fresh Easy Squeeze Dishwashing Liquid 550mL-600mL

1/2 PRICE



Bonus cookware credit*

$6.50 ea
SAVE $6.50
WAS $13

Finish Rinse & Shine Dishwasher Aid 500mL
$1.30 per 100mL.
*See page 10 for T&Cs

Bonus cookware credit*



$9.50 ea
SAVE $9.50
WAS $19

Botanica by Air Wick Plug-In Diffuser + Refill 22mL
$4.32 per 10mL.
*See page 10 for T&Cs



Bonus cookware credit*

$20 ea
SAVE $20
WAS $40

Mortein PowerGard DIY Professional Surface Spray 2 Litre
$1.00 per 100mL.
*See page 10 for T&Cs



43¢ PER ROLL

$19 ea
EVERY DAY

Sorbent 3-Ply Soft & Strong Toilet Paper 45 Pack
$0.23 per 100 sheets



$24 ea
EVERY DAY

Omo Laundry Liquid 4 Litre
$6.00 per litre

NEW at coles

If it's worth it, Ziploc® BRAND it

1/2 PRICE





$2.20 ea
SAVE $2.20
WAS $4.40

Ziploc Tall Storage Bags 15 Pack or XL Resealable Sandwich Bags 30 Pack

ADVERTISER PROMOTION

coles

BestBuys

In store only

On sale Friday 9th OCT

$25 ea









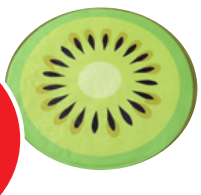
Bolster Pet Cooling Couch Topper
3-in-1 pet bed, couch protector and cooling mat.
Soft 3-sided bolster provides extra comfort and support.
Assorted designs. Selected stores only*

$9 ea



Lick Sphere Pet Enrichment Tool
Assorted designs.
Selected stores only*

$10 ea



Pet Cooling Gel Mat
Assorted designs.
Selected stores only*

$20 ea



Interactive Pet Fetch & Treat Dispenser
Selected stores only*

$30 ea



Cozy Cave Cat Bed
Selected stores only*

$40 ea



Smart Pet Water Fountain
Selected stores only*

$99 ea



Cat Exercise Wheel
Selected stores only*

While stocks last. No rainchecks

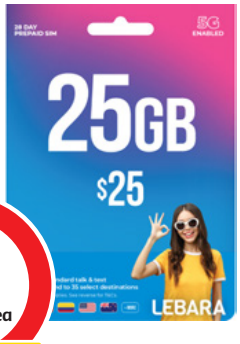
WHILE STOCKS LAST

New range drops in store every two weeks

Products on sale 09/10/26 only while stocks last. If stock is available beyond the advertised date the promotional prices will be offered until stock runs out. Promotional products are available at selected stores only and limited quantities apply. *For a full list of participating stores please see below. Some product varieties, colours or styles may not be available at all of these stores and are only available while stocks last. Offers not available through Coles Online or third-party platforms like Uber Eats. We reserve the right to limit sale quantities. No rainchecks apply.

Click here for participating stores

BETTER THAN 1/2 PRICE



$8 ea

SAVE $17
WAS $25

Lebara $25 Prepaid SIM
- 25GB data
- 28 day expiry

BETTER THAN 1/2 PRICE



$11 ea

SAVE $24
WAS $35

Lebara $35 Starter Pack
- 55GB + 55GB Bonus data for first 3 recharges
- 28 day expiry

BETTER THAN 1/2 PRICE



$13 ea

SAVE $27
WAS $40

amaysim $40 Starter Pack
- 80GB data, 28 day expiry

BETTER THAN 1/2 PRICE



$10 ea

SAVE $20
WAS $30

Coles Mobile $30 Prepaid SIM
- 35GB data, 28 day expiry



$169 ea

SAVE $51
WAS $220

Coles Mobile $220 Prepaid SIM
- 145GB data, 365 day expiry



$189 ea

SAVE $91
WAS $280

Coles Mobile $280 Prepaid SIM
- 280GB data, 365 day expiry

vodafone

Get more out of prepaid

90GB for first 3 recharges, then 30GB

- Roll over up to 300GB of unused data
- Standard 500 international mins to 37 destinations
- Auto recharge & save $5 with each future recharge



BETTER THAN 1/2 PRICE

$13 ea

SAVE $27
WAS $40

Vodafone $40 Prepaid SIM

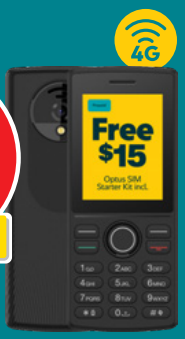
$40 Starter Pack terms apply. See packaging for information. Price offer ends 13/10/26. Data for use in AU. Limit 5 per eligible customer. T&C apply.

ADVERTISER PROMOTION

General SIMs: Personal use in AU. New services only. Promotion pricing for first recharge on activation only, ongoing recharges revert to standard plan prices. Speed caps apply. 5G coverage in selected areas where specified. Terms & Fair Go policies apply, see individual packs. Limit 5 per customer. **Flybuys:** Standard Flybuys T&Cs apply, available at Flybuys.com.au. Must scan Flybuys card with purchase. Available in store only. **Vodafone $40 SIM:** Activate by 3/11/26 for 90GB data on first 3 recharges within 90 days of activation, ongoing $40/30GB/28 day expiry. **Lebara $35 SIM:** Activate by 3/11/26 for 110GB data first 3 consecutive recharges within 90 days of activation. $35/55GB/28 day expiry.

Prepaid deals

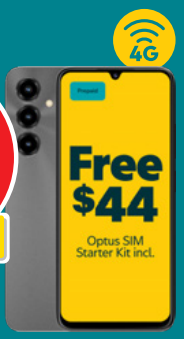
Switch to Optus at Coles today



$39 ea
SAVE $20 WAS $59

Optus X-Lite 5

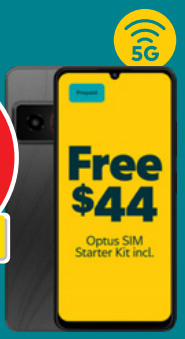
- 2.4" colour display
- Simple user interface
- 4G network connectivity



$129 ea
SAVE $20 WAS $149

Optus X-Total 2

- 6.9" 120Hz HD+ display
- 50MP Ultra-Clear camera
- 6,000mAh battery



$159 ea
SAVE $20 WAS $179

Optus X-Value 5G

- 6.75" 90 Hz HD+ display
- 50MP Ultra-Clear main camera
- 128GB storage



$179 ea
SAVE $20 WAS $199

Optus X-Pro 2 5G

- 50MP Triple AI camera system
- 6.7" 120Hz HD+ display
- Tap to Pay via NFC



$13 ea
SAVE $27 WAS $40

Optus $40 AutoRecharge Only Prepaid SIM Starter Kit

- 100GB on activation and next 2 recharges
- AutoRecharge required
- $5 eGift Card with every recharge
- 28 day expiry



$17 ea
SAVE $33 WAS $50

Optus $50 AutoRecharge Only Prepaid SIM Starter Kit

- 120GB on activation and next 2 recharges
- AutoRecharge required
- $10 eGift Card with every recharge
- 28 day expiry

Award-winning Australian network + **No lock in contract** + **Rollover unused data up to 200GB**

yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions.

Optus X-Lite 5, Optus X-Pro 2 5G offers end 13/10/26. Optus X-Total 2, Optus X-Value 5G, Optus $50 AutoRecharge only Prepaid SIM offers end 20/10/26. Optus $40 AutoRecharge only SIM offer ends 27/10/26. **Savings off prior price for these products in Coles. Free Prepaid SIM:** New services only. Activate SIM to apply included recharge to an available plan of same value. See **optus.com.au/prepaidplans** for full plan details. **$40 & $50 SIM Starter Kit:** Includes $40 & $50 value respectively. For $40 & $50 data (including bonus data) applies on activation and next two recharges within 90 days of activation, then ongoing reverts to 30GB & 40GB respectively (or as otherwise notified). Activate by 07/04/27 for bonus data. **eGift Card:** Available while on $40 & $50 AutoRecharge plan with every eligible recharge. Claim code sent when eligibility met, must be redeemed within 28 days. Card expiry set by participating brands. For $40 and $50, AutoRecharge setup with credit/debit card required to activate, must be maintained to stay on the $40 or $50 plan. For T&Cs and participating brands see **optus.com.au/egiftcard-info** **Data Rollover:** Requires recharge before expiry. **Network Coverage:** Optus Prepaid voice plans/features provided on Optus 4G and Standard 5G Networks only. 5G in select areas with a compatible device/plan. Coverage varies, check **optus.com.au/coverage** **General:** SIM offers are for new services only, ongoing recharges revert to standard price. Device must be compatible with the Optus Network, see **optus.com.au/compatibility**

OPT1001 DIG302911 (10/26)

ADVERTISER PROMOTION

boostmobile

WITH 5G

HARD-WORKING VALUE



$17 ea
SAVE $32
WAS $49

Boost $49 SIM Pack

$49 SIM PACK

75GB

28 Day Expiry

75GB X6 RECHARGES

75GB on the first 6 recharges, 45GB on 7th recharge.

SIM Pack includes first recharge. Ongoing recharge $49.

Offer valid for new activations only when you activate by 2 Nov 2026. Remaining five recharges by 5 Apr 2026. All for us in Aus. Speed caps apply.

BELONG



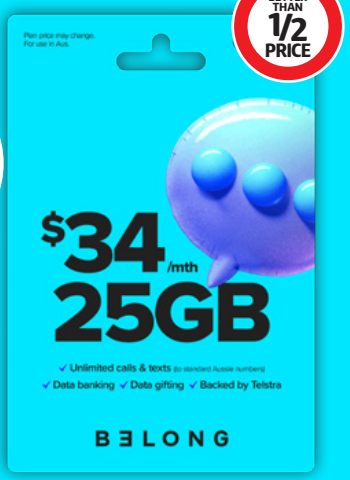
switching to 'heck yeah' mobile and internet

- ✓ Unlimited calls & texts (to standard Aussie numbers)
- ✓ Data banking ✓ Data gifting

$11 ea
SAVE $23
WAS $34

Belong $34 Mobile SIM

- Includes SIM card, 25GB, Unlimited calls & texts in Aus.



Upgrade to 5G for less

$189 ea
SAVE $20
WAS $209



Telstra T-Prime 5G

6.7" IPS display
Rear camera (50MP + 0.8MP)
+ 8MP front camera

$279 ea
SAVE $50
WAS $329



Samsung Galaxy A17 5G

6.7" Infinity-U display
Full HD+, Super AMOLED
Rear camera 50MP OIS
+ 13MP front camera

THINGS YOU NEED TO KNOW. **Telstra Pre-Paid Handset:** Manufactured by TCL and Samsung. Telstra SIM required. Unlocking fee applies for use with a non-Telstra SIM card. More unlocking information at telstra.com/support/mobiles-devices/unlock-phone-imei. Limit 1 per customer and no trade sales. **25GB SIM included:** Activate to get unlimited Talk & Text for use within Australia over 14 days. The Pre-Paid offer you select will determine your credit expiry date and bonuses. Activation constitutes acceptance of the Terms & Conditions. Terms & Conditions are available at telstra.com/prepaidterms or at time of activation. **Pre-Paid Service:** Download speeds are capped at 150Mbps on most pre-paid plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. Telstra Pre-Paid 5G is available in most metro and many regional areas and continues to expand. Check coverage at telstra.com/coverage. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution Licence. Blue Tick lets you know which phones are recommended for handheld coverage in rural areas. Learn about staying safe online, including the safe use of devices and content filters, the role of eSafety, and how to report harmful online content at telstra.com.au/cyber-security-and-safety/online-safety-wellbeing. **Boost Offer:** All for use in Aus. Offer for new activations when you activate a value SIM for the first time by 2 Nov 2026. SIM pack includes first recharge. Download speeds are capped at 150Mbps. Typical speeds will be slower and vary due to various factors like your location, device and network congestion. 5G: Telstra Pre-Paid Mobile Network 5G access available with a compatible device in most metro and many regional areas. Check boost.com.au/coverage to see where coverage (including 5G) is predicted to be available in your area. For personal use only. Telstra FairPlay Policy applies. Service provided by Telstra Limited ABN 64 086 174 781. **Belong:** For use in Aus. *Data gifting is available on Belong mobile and data plans. You can send data gifts in units of 1GB, up to 5 times per month, per service. **Mobile:** Unlimited calls and texts to standard landline and mobile numbers. **Limit:** Total of 3 Belong SIMs per customer. 4G and 5G download speeds capped at 150 Mbps. For personal use only. Telstra FairPlay Policy applies.

ADVERTISER PROMOTION

LIQUORLAND

SUNNY DAYS *love* COLD FAVES

FIND YOUR NEW FAVOURITE SIP



WINE



2 FOR $14
SAVE $14

Lana's Bike Sauvignon Blanc 750mL



~~$25~~ $20ea

Beyond the Wilderness Pinot Noir 750mL



$15ea
EVERYDAY

Postcards from Italy Prosecco DOC Organic 750mL



$5.90ea
EVERYDAY

Rock Paper Scissors Brut Cuvee 750mL

PREMIX

NEW



~~$27~~ $23ea

Hard Rated Orange Passionfruit Zero Sugar Cans 4x375mL

4 PACK



NOW $42ea
PRICE DROP
WAS $50
(22/09)

Vodka Cruiser Mixed Bottles 10x275mL

10 PACK



~~$22.50~~ $18ea

Pure Origin Dry Gin & Soda with Lime Cans 4x250mL

4 PACK



~~$29~~ $25ea

Kirin Hyoketsu Cans 4x330mL

4 PACK

Offers apply from 07/10/26 until 13/10/26 unless sold out prior. Prices may vary in regional areas. Some products and offers may not be available in all stores. Savings are shown off the regular selling price across our New South Wales metro stores. Not valid in conjunction with any other offer. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit **www.liquorland.com.au**

Choose to DrinkWise.
ID25

A LEGENDARY GAME DESERVES LEGENDARY DEALS

STOCK UP ON GAME DAY FAVOURITES

BEER



$35ea
EVERYDAY
Asahi Super Dry Bottles 12x330mL
12 PACK



~~$62~~
$57ea
Heineken Bottles 24x330mL
24 PACK



~~$23~~
$19ea
Great Northern Super Crisp Lager Bottles 6x330mL



~~$23~~
$20ea
Stone & Wood Pacific Ale Cans 4x375mL

SPIRITS



~~$72~~
$60ea
Bombay Sapphire Gin 700mL



~~$76~~
$65ea
Altos Plata Tequila 700mL



~~$59~~
$52ea
Canadian Club Whisky 700mL



~~$72~~
$59ea
Proper No. Twelve Irish Whiskey 700mL

PAY WITH FLYBUYS POINTS^

Flybuys PAY WITH POINTS = MONEY OFF INSTANTLY

VALUE LANDED

REDEEM UP TO 20,000 POINTS FOR $100 OFF YOUR IN STORE SHOP WHEN YOU SCAN YOUR FLYBUYS

Flybuys

^Available in store only at participating Liquorland stores (excludes all Liquorland stores in NT and selected stores in WA & SA) when you spend a minimum of $10 in one transaction after savings and discounts, have a min balance of 2,000 Flybuys points, scan your Flybuys and follow the prompts. Every 2,000 points equates to $10 off. Limit of one redemption per day, per Flybuys account. The maximum redemption available in one transaction is $100 off. Excludes online purchases, gift cards, tobacco, and tobacco-related purchases. If Coles Pay is selected as the payment method in selected stores in NSW and VIC, this reward will not be available. You will only be able to redeem your points in accordance with the standard Coles Pay Flybuys points redemption process, https://colespay.com.au/tnc/. Flybuys T&Cs can be found at flybuys.com.au and participating stores can be found at flybuys.com.au/paywithpoints.

Choose to DrinkWise. ID25

Choose to DrinkWise. ID25

Shop Online | 30 MIN Click & Collect | Home Delivery