

NSW

Wed 24 Sep to Tue 30 Sep 2025
See page 30 for detailsContactless
collectContactless
deliveryShop
in store

coles

Serving suggestion only

**Footy
fever**
**Any 2 for
\$10**
SAVE \$3
Coles Classic Burgers or Sausages 400g-550g
Product sold uncooked

**SCHOTT
ZWIESEL**
**Introducing Free
European Glassware**

 with glassware credits**
when you spend \$20 in one transaction
and scan your Flybuys

 **See pg 18
for T&Cs

**1/2
PRICE**

\$2 ea

SAVE \$2
WAS \$4

**Coca-Cola, Fanta
or Sprite Soft Drink**
1.25 Litre \$1.60 per litre

**1/2
PRICE**

\$7.25 ea

SAVE \$7.25
WAS \$14.50

Ben & Jerry's Ice Cream
Tub 458mL
\$1.58 per 100mL

**1/2
PRICE**

\$2 ea

SAVE \$2
WAS \$4

**Arnott's Shapes
Crackers 130g-190g**
**1/2
PRICE**

\$8.40 pk

SAVE \$8.40
WAS \$16.80

**Primo Rindless Short
Cut Bacon 750g**
\$11.20 per kg



100% Aussie Asparagus

\$1⁷⁰
ea

Coles Australian Green Asparagus Bunch
\$1.70 per each



Bigger
pack
size

\$5⁷⁰
pk



Coles Australian Family
Broccolini Pack \$5.70 per each



\$4⁵⁰
pk



Australian Petite Wombok 2 Pack
\$2.25 per each



CERTIFIED
Organic

\$4⁸⁰
bag



Coles Australian Organic
Carrots 1kg Bag \$4.80 per kg



\$5
ea

DOWN DOWN
WAS \$5.80
AUG 2025



Coles Kitchen Australian Classic
Coleslaw, Pasta or Potato Salad
400g Pack \$12.50 per kg



\$12
pk

SAVE \$2
WAS \$14

Coles Dry Roasted or Roasted
& Salted Mixed Nuts 400g Pack
\$30.00 per kg



\$14
pk

SAVE \$4
WAS \$18

Coles Dry Roasted or Roasted
& Salted Cashews 750g Pack
\$18.67 per kg



\$4⁹⁰
kg



Australian Red, Green or Yellow
Capsicums \$4.90 per kg

1/2 PRICE



\$1⁶⁵
ea

SAVE \$1.65
WAS \$3.30

John West Salmon 95g
\$17.37 per kg



\$3
ea

SAVE \$3
WAS \$6

Red Rock Deli Potato Chips
150g-165g



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Mars M&M's, Maltesers
or Pods 120g-180g



\$12
ea

SAVE \$12
WAS \$24

I&J Raw Peeled Prawns
Tail On or Tail Off 500g
\$24.00 per kg



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

U By Kotex Ultra Thin Pads
with Wings Regular 14 Pack
or Super 12 Pack



\$15
ea

SAVE \$15
WAS \$30

Omo Laundry Liquid 2 Litre
or Powder 2kg

\$1⁷⁰
bag

Coles Australian Carrots 1kg Bag
\$1.70 per kg



1/2 PRICE



\$1⁷⁵
ea

SAVE \$1.75
WAS \$3.50

Ritz Crackers 227g
\$0.77 per 100g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Kellogg's K-Time Baked Twists
185g \$1.49 per 100g



\$3⁴⁵
ea

SAVE \$3.45
WAS \$6.90

Fibre One Bars or Squares
105g-120g or Nature Valley
Crunchy Bars 252g



\$5⁴⁰
ea

SAVE \$5.40
WAS \$10.80

Kellogg's Nutri Grain 765g
or Just Right Cereal 740g



Bonus
glassware
credit*

\$4
ea

SAVE \$4
WAS \$8

Nescafé Coffee Sachets
8 Pack-10 Pack
*See page 19 for T&Cs



\$4³⁰
ea

SAVE \$4.30
WAS \$8.60

Moccona Liquid Espresso
Coffee Sachets 8 Pack
\$0.54 per each



\$2³⁰
ea

SAVE \$2.30
WAS \$4.60

Leggo's Chunky Pasta Sauce
490g-500g



ONLY
at coles

\$8
ea

SAVE \$8
WAS \$16

La Española Olive Oil 500mL
\$1.60 per 100mL



BETTER
THAN
1/2
PRICE

\$13
ea

SAVE \$17
WAS \$30

Gold Sunset Vegetable
or Canola Oil 4 Litre
\$0.33 per 100mL

1/2 PRICE



\$2⁹⁵
ea

SAVE \$2.95
WAS \$5.90

U By Kotex Sports Tampons
Regular 16 Pack
\$0.18 per each



\$3⁷⁵
ea

SAVE \$3.75
WAS \$7.50

Palmolive Liquid Hand Wash
Refill 1 Litre \$0.38 per 100mL.
*See page 19 for T&Cs



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Brut 48hr Endurance
Antiperspirant Aerosol
Deodorant 212mL
\$2.00 per 100mL



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Rexona 48hr Aerosol
Deodorant 250mL
\$1.70 per 100mL



\$5
ea

SAVE \$5
WAS \$10

Lynx Fine Fragrance
Deodorant Body Spray 150mL
\$3.33 per 100mL



\$10⁵⁰
ea

SAVE \$10.50
WAS \$21

Head & Shoulders Shampoo
or Conditioner 660mL
\$1.59 per 100mL



\$11⁵⁰
ea

SAVE \$11.50
WAS \$23

Ogx Argan Oil of
Morocco Shampoo or
Conditioner 385mL
\$2.99 per 100mL



\$14²⁵
ea

SAVE \$14.25
WAS \$28.50

Cenovis Magnesium
Tablets 200 Pack^
\$7.13 per 100 each



\$18
ea

SAVE \$18
WAS \$36

Nature's Own
Glucosamine Sulfate
with Chondroitin
Tablets 200 Pack^
\$9.00 per 100 each



\$20⁵⁰
ea

SAVE \$20.50
WAS \$41

Ostelin Calcium DK2
Tablets 60 Pack^
\$34.17 per 100 each

^This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



\$14⁵⁰
ea

SAVE \$14.50
WAS \$29

Dynamo Professional Laundry
Liquid 2 Litre or Capsules
29 Pack



\$6⁵⁰
ea

SAVE \$6.50
WAS \$13

Downy Concentrate Fabric
Conditioner 800mL-900mL



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Comfort Fabric Conditioner
Fragrance Collection 900mL
\$6.11 per litre. 2nd week on sale

**1/2
PRICE**

SCENTORY
Excludes
clearance items

\$5
ea

SAVE \$5
WAS \$10

Scentory Room Spray 250mL
\$2.00 per 100mL



\$17⁵⁰
ea

SAVE \$17.50
WAS \$35

Botanica by Air Wick Wax
Blended Candle 1 Each \$17.50
per each. *See page 19 for T&Cs

**Bonus
glassware
credit***



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Palmolive Ultra Dishwashing
Liquid 500mL \$0.50 per 100mL.
*See page 19 for T&Cs



\$3¹⁰
ea

SAVE \$3.10
WAS \$6.20

White King Power Toilet Gel
700mL \$0.44 per 100mL



\$5⁵⁰
ea

SAVE \$5.50
WAS \$11

Bref In The Bowl Toilet Cleaner
2 Pack 100g
\$5.50 per 100g



\$30
ea

SAVE \$30
WAS \$60

Fairy Platinum Plus Stain
Remover Dishwashing Tablets
68 Pack \$0.44 per each

1/2 PRICE



\$1³⁵
ea

SAVE \$1.35
WAS \$2.70

Twisties, Burger Rings
or Cheetos 65g-90g



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Doritos or XXL Corn Chips
150g-170g



Bonus
glassware
credit*

\$3
ea

SAVE \$3
WAS \$6

Kettle Ridge Cut Potato Chips
165g \$1.82 per 100g.
*See page 19 for T&Cs



\$1⁵⁰
ea

SAVE \$1.50
WAS \$3

Schweppes Mixers or Soft Drink
1.1 Litre \$1.36 per litre



\$1⁶²
ea

SAVE \$1.63
WAS \$3.25

Mt Franklin Lightly Sparkling
Water 1.25 Litre \$1.30 per litre



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Raw C Coconut Water 1 Litre
\$2.75 per litre



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Golden Circle Zero Sugar
Cordial 2 Litre \$1.38 per litre



\$10
ea

SAVE \$10
WAS \$20

Coca-Cola, Fanta or Sprite
Soft Drink 10x375mL
\$2.67 per litre



\$10
ea

SAVE \$10
WAS \$20

Mt Franklin Lightly Sparkling
Water 10x375mL
\$2.67 per litre

1/2 PRICE



\$1.25
ea

SAVE \$1.25
WAS \$2.50

Mars Chocolate Bar 30g-56g



\$1.50
ea

SAVE \$1.50
WAS \$3

Nestlé Chocolate Bar 35g-50g



\$2
ea

SAVE \$2
WAS \$4

Haribo 140g-150g



\$2.50
ea

SAVE \$2.50
WAS \$5

Oreo Mini Creme Cookies
10 Pack 204g \$1.23 per 100g



\$2.50
ea

SAVE \$2.50
WAS \$5

The Natural Confectionery Co.
130g-230g or Sour Patch 190g



\$2.75
ea

SAVE \$2.75
WAS \$5.50

Cadbury Milk Chocolate
Fingers 114g \$2.41 per 100g



\$4
ea

SAVE \$4
WAS \$8

Cadbury Dairy Milk Block
Chocolate 150g-190g



\$15
ea

SAVE \$15
WAS \$30

Cadbury Favourites
680g-700g



\$17
ea

SAVE \$17
WAS \$34

Lindt Cornet 327g-333g

Footy fever



Serving suggestion only

\$3⁷⁰
ea

SAVE \$1
WAS \$4.70

Tip Top White Rolls 6 Pack
450g-520g

\$8
pk

SAVE \$1
WAS \$9

Bonus
glassware
credit*

AUSTRALIAN
MADE

Coles Finest Sausages
450g-500g

\$9⁵⁰
pk

SAVE \$1.50
WAS \$11

AUSTRALIAN
MADE

Coles Finest Beef Brisket Burgers
600g \$15.83 per kg

*See page 19 for T&Cs

Any 2 for
\$15

SAVE \$2

Coles Entertaining Chicken Tenderloin Skewers 300g,
Beef Sliders 500g or Pork Kransky Bites 400g

NSW-METRO-2409-25-488150

NEW
at coles

AUSTRALIAN
MADE

Footy fever



Serving suggestion only

\$3^{ea}

SAVE \$2
WAS \$5

Olina's Artisan Crackers
90g-100g

\$4^{ea}

SAVE \$2.50
WAS \$6.50

La Famiglia Garlic Bread
Slices 270g \$1.48 per 100g

\$4²⁰^{ea}

DOWN DOWN
WAS \$5
AUG 2025

Black Swan Crafted Dip
150g-170g

\$4^{ea}

EVERY DAY

Coles Cream Cheese 190g
\$21.05 per kg

2 for \$6⁵⁰

SAVE \$1

Coles Pre-Packed Antipasto
110g-135g
Selected stores only*

~~\$15~~
\$10^{ea}

Atiru Marlborough
Sauvignon Blanc
750mL

See page 44 for T&Cs

LIQUORLAND Choose to **DrinkWise.** **ID25**

*For locations of Deli counter stores visit [coles.com.au/range-availability](https://www.coles.com.au/range-availability)

Footy fever



Serving suggestion only

\$3⁵⁰
pk

SAVE 65¢
WAS \$4.15

Coles Bakery Pizza Rolls
2 Pack \$1.75 per each.
Selected stores only

\$8
pk

SAVE \$1
WAS \$9

AUSTRALIAN MADE

Coles RSPCA Approved Chicken
Southern Thigh Fillet Burgers
400g \$20.00 per kg

\$5⁷⁵
ea

SAVE \$1.95
WAS \$7.70

Bundaberg Brewed Soft Drink
4x375mL \$3.83 per litre

\$4⁸⁰
ea

SAVE \$1.20
WAS \$6

Birds Eye Golden Crunch Chips
900g \$5.33 per kg
NSW-METRO-2409-25-488150

\$6⁹⁰
ea

SAVE \$2.60
WAS \$9.50

Four N Twenty Traditional Pies
4 Pack 700g \$0.99 per 100g

\$15
ea

ONLY at coles

EVERY DAY

Dimmies & Tinnies Dim Sims
1.2kg \$1.25 per 100g

Footy fever



ONLY
at coles

\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Arnott's Tim Tam Biscuits
165g-200g



\$4⁵⁰
ea

SAVE \$1.50
WAS \$6

Darrell Lea Bullets or Choc Twists
150g-204g



\$5⁹⁵
ea

SAVE \$2.55
WAS \$8.50

Lindt Excellence Block
Chocolate 80g-100g



2 for \$6

SAVE \$2

Arnott's Creams Biscuits or
Jatz Crackers 200g-250g



2 for \$6

SAVE \$4

Smith's Crinkle Cut Potato Chips
or Double Crunch 150g-170g



\$9
ea

SAVE \$4
WAS \$13

Cadbury Chocolate Coated Fruit
or Nut Jar 270g-340g



\$5⁹⁰
ea

DOWN DOWN
WAS \$8.25
AUG 2025

Remedy Sodaly 4x250mL
\$5.90 per litre



\$15
ea

EVERY DAY

Coca-Cola Soft Drink 15x250mL
\$4.00 per litre



\$30
ea

SAVE \$20
WAS \$50

Coca-Cola Soft Drink 30x375mL
\$2.67 per litre



EVERY DAY



\$1¹⁵
ea

Coles Soft Drink 1.25 Litre
\$0.92 per litre



\$1⁹⁰
ea

Coles Wafer Thin Crackers
100g \$1.90 per 100g



\$2
ea

Coles Tomato or Barbecue
Sauce 500mL \$0.40 per 100mL



\$2²⁰
ea

Coles Corn Chips 175g
\$1.26 per 100g



\$2⁵⁰
ea

Coles Sesame Bread Sticks
125g \$2.00 per 100g



\$2⁶⁰
ea

Coles Dip 200g
\$1.30 per 100g



\$5
ea

Coles Finest Triple Cream
Brie 200g \$25.00 per kg



\$5
ea

Coles Chocolate & Strawberry
Vanilla Milkshake Pops 8 Pack
440mL \$1.14 per 100mL



\$9
ea

Coles Frozen Party Sausage
Rolls 24 Pack 900g
\$1.00 per 100g

40% OFF

\$2⁵⁰
ea

SAVE \$1.70
WAS \$4.20



Gatorade Sports Drink 600mL
\$4.17 per litre

\$2⁵⁰
ea

SAVE \$1.70
WAS \$4.20



G Active Water 600mL
\$4.17 per litre

Footy fever

\$7⁵⁰
ea

SAVE \$5
WAS \$12.50



Red Bull Energy Drink 4x250mL
\$7.50 per litre

94¢
PER CAN

\$22⁵⁰
ea

SAVE \$15
WAS \$37.50



Pepsi Max or Solo Zero Sugar Soft Drink
24x375mL \$2.50 per litre

FOOTY FINALS? JUST ADD COKE ZERO



\$30
ea

SAVE \$20
WAS \$50

Coca-Cola Zero Sugar Soft Drink
30x375mL \$2.67 per litre

\$15
ea

EVERY DAY

Coca-Cola Zero Sugar
Soft Drink 15x250mL
\$4.00 per litre



\$2
ea

SAVE \$2
WAS \$4

Coca-Cola
Zero Sugar
Soft Drink
1.25 Litre
\$1.60 per litre



1/2 PRICE

\$10
ea

SAVE \$10
WAS \$20



Coca-Cola Zero Sugar Soft Drink
10x375mL \$2.67 per litre

Bonus
glassware
credit*

*See page 19 for T&Cs

ADVERTISER PROMOTION

Footy
fever

1/2 PRICE

Footy
fever



Bonus
glassware
credit*

\$2⁹⁰
ea

SAVE \$2.90
WAS \$5.80

McCain Airfryer Chips 750g
\$3.87 per kg.
*See page 19 for T&Cs



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

**Proud & Punch Frozen
Dessert Sticks 6 Pack**
420mL-450mL



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Sara Lee Frozen Cheesecake
360g-425g



\$5
ea

EVERY DAY

Coles Frozen Sweet Potato Chips 750g
\$6.67 per kg



\$6
ea

DOWN DOWN
WAS \$7.50
AUG 2025

Edgell Chiko Rolls 4 Pack 650g
\$0.92 per 100g



\$6⁹⁰
ea

SAVE \$3.10
WAS \$10

**Herbert Adams Slow Cooked
Beef Pies 2 Pack 400g-420g**



\$10⁸⁰
ea

SAVE \$7.20
WAS \$18

Patties Party Pack 30 Pack
1.25kg \$0.86 per 100g



\$7
ea

SAVE \$2.50
WAS \$9.50

Dr. Oetker Ristorante Pizza
310g-390g

10% off Beer & Ready to Drink with Deliver More

Select a Deliver More delivery slot & shop from a range
of beers & pre-mixed drinks. Use promo code **LIQUOR10**

*Ends 30th September 2025. Exclusions and T&Cs apply. No alcohol can be sold or supplied to anyone under 18. Deliver More
available in select locations only, visit coles.com.au/deliver-more-suburbs to check your suburb. Full T&Cs at coles.com.au/terms.



**10%
OFF**

Footy fever

Any 2 for
\$7

SAVE \$2



Black Swan Favourites Dip 180g-200g, Yumi's Dip 200g
or Red Rock Deli Dip 130g-135g



Obela Garnished Hommus Dip
220g \$1.82 per 100g.
On sale for 2 weeks



Tasmanian Heritage Double
Cream Brie or Camembert 200g
\$29.50 per kg



Don Footy Franks Skinless 600g
\$10.83 per kg



Yumi's Falafel Balls
225g \$2.44 per 100g



Philadelphia Cream
Cheese Block 250g
\$18.00 per kg.
On sale for 2 weeks



Mersey Valley Cheese
235g \$29.36 per kg.
On sale for 2 weeks



Bega Cheese Slices 500g
\$20.00 per kg

Free

European Glassware

with glassware credits**

coles |

LIQUORLAND

**Every
\$20 spent
= 1 credit**
when you scan
your Flybuys

Flybuys

FREE

with 36 credits**
or
18 credits
+ \$18

FREE

with 40 credits**
or
20 credits
+ \$20

FREE

with 48 credits**
or
24 credits
+ \$24

FREE

with 36 credits**
or
18 credits
+ \$18

FREE

with 32 credits**
or
16 credits
+ \$16

FREE

with 22 credits**
or
11 credits
+ \$11

FREE

with 26 credits**
or
13 credits
+ \$13

**Spend \$20 in one transaction in-store or online at Coles or Liquorland (after savings and discounts have been applied) and scan your Flybuys to receive one glassware credit. Earn credits until 6/1/26 and redeem credits (excludes Liquorland, Liquorland Online & Coles App) by 13/1/26 or while stocks last. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, DoorDash, Menulog, UberEats, iTunes cards, gift cards, Mobile and Tech Accessories (inc. plans and recharge), Opal top up, calling cards, charity products, tobacco, tobacco related product purchases, subscriptions, delivery fees and liquor purchases in WA North and NT. For full terms & conditions visit coles.com.au/glassware-terms Schott Zwiesel®

Bonus glassware credit*



1 Bonus
glassware
credit

when you purchase a participating
product and spend \$20 in one
transaction & scan your Flybuys.



*Spend \$20 in one transaction, scan your Flybuys and receive one bonus glassware credit when you also purchase a selected product from a participating brand or product range. Limit of one glassware credit applies per brand, per transaction. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, DoorDash, Menulog, UberEats, iTunes cards, gift cards, Mobile and Tech Accessories (inc. plans and recharge), Opal top up, calling cards, charity products, tobacco, tobacco related product purchases, subscriptions, delivery fees and liquor purchases in WA North and NT. For full terms & conditions visit coles.com.au/glassware-terms Schott Zwiesel®

DOWN DOWN



\$5
pk

DOWN DOWN
WAS \$6
AUG 2025



**Coles Australian Pork Mince
3 Star Regular 500g**
\$10.00 per kg



\$9
pk

DOWN DOWN
WAS \$10
AUG 2025



**Coles Australian Pork
Thin Cut Loin Steaks 500g**
\$18.00 per kg



\$13⁵⁰
kg

DOWN DOWN
WAS \$15kg
AUG 2025



**Coles Free Range RSPCA
Approved Chicken Breast
Large Pack** \$13.50 per kg



\$17
pk

SAVE \$3
WAS \$20



**Coles Australian No Added
Hormones GRAZE Grass Fed Beef
New York Strip Steak 380g**
\$44.74 per kg



\$16
kg

SAVE \$2kg
WAS \$18kg



**Coles Australian No Added
Hormones Beef Slow Cook
Short Ribs** \$16.00 per kg



\$15
kg

SAVE \$2kg
WAS \$17kg



**Coles Australian No Added
Hormones Beef Slow Cook Brisket**
\$15.00 per kg



\$11
pk

SAVE \$3
WAS \$14



**Coles Made Easy Slow Cooked
Honey BBQ Pork Belly Bites 500g**
\$22.00 per kg



\$11⁵⁰
pk

SAVE \$1.50
WAS \$13



**Coles RSPCA Approved Chicken
Boneless Herb & Garlic 1kg**
\$11.50 per kg



\$19
kg

SAVE \$4kg
WAS \$23kg



**Coles Australian Lamb
Forequarter Chops** \$19.00 per kg.
On sale for 2 weeks

Serving suggestion only

\$11
pk

SAVE \$4
WAS \$15

**Coles Australian No Added Hormones Beef
Rump Steak 2 Pack 500g** \$22.00 per kg.
Product sold uncooked



Coles Australian Thawed Cooked Extra Large Black Tiger Prawns \$28.00 per kg. Selected stores only*. On sale for 2 weeks



Serving suggestion only



Tassal Smoked Salmon 150g
\$66.67 per kg



Hans Twiggy Sticks 500g
\$22.00 per kg. Selected stores only*



Karumba Australian MSC Certified Thawed Raw Banana Prawns \$19.00 per kg. Selected stores only*. 2nd week on sale



Coles Australian Fresh Barramundi Portions Skin On \$28.00 per kg. Selected stores only*



Coles Tasmanian Salmon Portions Skin On 4 Pack 460g \$38.04 per kg. From the Meat department



Serving suggestion only

*For locations of Deli counter stores visit coles.com.au/range-availability

EVERY DAY



\$3
ea

Coles Kitchen Tomato Pizza
Base 300g \$1.00 per 100g



\$3⁴⁰
ea

Coles Kitchen Garlic Baguette
Twin Pack 450g \$0.76 per 100g



\$12⁵⁰
ea

Coles Beef Lasagne 1.8kg
\$0.69 per 100g



\$5⁴⁰
ea

SAVE \$1.40
WAS \$6.80

Dari's Soup 550g
\$0.98 per 100g



ONLY
at coles

\$5
ea

SAVE \$2.50
WAS \$7.50

On the Menu Pasta Sauce 425g
\$1.18 per 100g



ONLY
at coles

\$7
ea

SAVE \$4
WAS \$11

On The Menu Filled Pasta 600g
\$1.17 per 100g



\$4³⁵
ea

SAVE \$1.15
WAS \$5.50

Dare Flavoured Milk
750mL \$5.80 per litre



\$5⁸⁰
ea

DOWN DOWN
WAS \$6.50
AUG 2025

Perfect Italiano
Grated Cheese 250g
\$23.20 per kg



\$9⁵⁰
ea

SAVE \$1
WAS \$10.50

Bega Cheese Block or
Grated 500g
\$19.00 per kg



\$13⁵⁰
ea

EVERY DAY

Devondale Shredded
Cheese 750g
\$18.00 per kg

SPECIALS

ON PROTEIN FAVES



\$2⁴⁰
ea

SAVE 60¢
WAS \$3

Danone YoPro Protein Yoghurt Pouch
150g \$1.60 per 100g



\$2²⁰
ea

SAVE \$1.50
WAS \$3.70

Danone YoPro Perform Protein Yoghurt
175g \$1.26 per 100g



\$2⁹⁰
ea

SAVE \$1.50
WAS \$4.40

Pauls Plus+ Protein Low Fat Milk 400mL
\$7.25 per litre



\$3⁹⁰
ea

DOWN DOWN
WAS \$4.40
SEP 2025

Oak Plus Protein Milk 500mL
\$7.80 per litre



\$2³⁰
ea

EVERY DAY

Coles Nature's Kitchen Plant Based Firm Tofu
300g \$0.77 per 100g



\$6
ea

SAVE \$1.50
WAS \$7.50

Vegie Delights Plant Based Sausages 300g
\$2.00 per 100g

1/2 PRICE



\$3
ea
SAVE \$3
WAS \$6

Mr Kipling Cakes or Slices
155g-165g



\$2³⁰
ea
SAVE \$2.30
WAS \$4.60

Golden Crumpet Rounds 6 Pack 300g
\$0.77 per 100g



\$3⁵⁰
ea
SAVE \$1
WAS \$4.50

Mission Souvlaki Bread 320g
\$1.09 per 100g



\$4⁵⁰
ea
EVERY DAY

Wonder White Bread
680g-700g



\$4⁷⁰
ea
DOWN DOWN
WAS \$5.50
AUG 2025

Simson's Pantry Low Carb High Protein White Wraps 5 Pack 225g
\$2.09 per 100g



\$2⁵⁰
ea
DOWN DOWN
WAS \$3.25
AUG 2025

Coles Bakery Stone Baked by Laurent Mini Pane di Casa
\$2.50 per each. Selected stores only



\$4⁵⁰
ea
DOWN DOWN
WAS \$4.90
JUL 2025

Coles Muffins 4 Pack 420g or 9 Pack 315g



\$5
ea
SAVE \$1.50
WAS \$6.50

Coles Bakery Cookies 24 Pack
\$0.21 per each. Selected stores only

EVERY DAY



\$3
pk

Coles Bakery Rolls 6 Pack
\$0.50 per each.
Selected stores only



\$2⁹⁰
ea

Coles Bake at Home Dinner Rolls 6 Pack 220g-260g

1/2 PRICE



\$1.40
ea

SAVE \$1.40
WAS \$2.80

Continental Cup a Soup
2 Serves 50g-75g



Bonus
glassware
credit*

\$2.50
ea

SAVE \$2.50
WAS \$5

Heinz Ketchup 500mL
\$0.50 per 100mL. *See page 19 for T&Cs



\$2
ea

SAVE 75¢
WAS \$2.75

Campbell's Real Stock
500mL \$0.40 per 100mL



Bonus
glassware
credit*

\$2
ea

SAVE 90¢
WAS \$2.90

Heinz Baked Beans
or Spaghetti 300g
\$0.67 per 100g.
*See page 19 for T&Cs



\$3.50
ea

SAVE \$1
WAS \$4.50

Campbell's Country
Ladle or Chunky Soup
495g-505g
On sale for 2 weeks



\$3.70
ea

SAVE \$1
WAS \$4.70

Sirena Tuna 185g
\$20.00 per kg



\$3.60
ea

SAVE 90¢
WAS \$4.50

Sunrice Microwave Rice
Pouch 450g
\$0.80 per 100g



\$4
ea

SAVE \$1.50
WAS \$5.50

Patak's Simmer Sauce
450g \$0.89 per 100g



\$15
ea

SAVE \$8
WAS \$23

Bertolli Olive Oil 750mL
\$2.00 per 100mL



\$20
ea

SAVE \$5
WAS \$25

Red Island Extra Virgin
Olive Oil 1 Litre
\$2.00 per 100mL

40% OFF



\$3⁹⁰
ea

SAVE \$2.60
WAS \$6.50

Uncle Tobys Plus Antioxidants 435g
\$0.90 per 100g



NEW
at coles

\$4²⁰
ea

SAVE \$2.80
WAS \$7

Nestlé Milo Cereal 340g-350g



\$4
ea

SAVE \$2.80
WAS \$6.80

Spam Canned Ham 340g
\$11.76 per kg



\$8
ea

SAVE \$5.50
WAS \$13.50

Twinings Tea Bags
80 Pack-100 Pack



\$2⁶⁰
ea

SAVE 80¢
WAS \$3.40

Pureharvest Unsweetened Organic Almond Milk 1 Litre \$2.60 per litre



\$4⁵⁰
ea

SAVE \$1.30
WAS \$5.80

Bega Smooth or Crunchy Peanut Butter 375g \$1.20 per 100g



\$6⁵⁰
ea

DOWN DOWN
WAS \$7.90
SEP 2025

Mayver's Pure Goodness Everything Spread 280g \$2.32 per 100g



\$3⁵⁰
ea

SAVE \$1.30
WAS \$4.80

Golden Circle Apple or Mango Nectar Juice 2 Litre \$1.75 per litre



\$4
ea

SAVE \$1.50
WAS \$5.50

V8 Juice 1.25 Litre
\$3.20 per litre



50¢
PER BOTTLE

\$12
ea

EVERY DAY

Frantelle Natural Still Water
24x600mL** \$0.83 per litre

** Not available for Deliver More timeslots

DOWN DOWN



ONLY
at coles

\$5
ea

DOWN DOWN
WAS \$5.80
AUG 2025

Wellness Road Black Chia
Seeds 300g \$1.67 per 100g



ONLY
at coles

\$6³⁰
ea

DOWN DOWN
WAS \$7.90
AUG 2025

Heritage Mill Muesli or Clusters
750g \$0.84 per 100g



ONLY
at coles

\$35
ea

DOWN DOWN
WAS \$50
JUL 2025

Jed's Coffee Beans 1kg
\$3.50 per 100g



\$2
ea

SAVE \$1.30
WAS \$3.30

Vitasoy Unsweetened Almond
Milk 1 Litre \$2.00 per litre



\$4
ea

SAVE \$2.30
WAS \$6.30

Mayver's Peanut Butter 375g
\$1.07 per 100g



\$6⁸⁰
ea

SAVE \$1.80
WAS \$8.60

Capilano 100% Pure
Australian Honey Squeeze 500g
\$1.36 per 100g



\$6⁵⁰
ea

SAVE \$3
WAS \$9.50

Vittoria Nespresso Compatible
Coffee Capsules 10 Pack
\$0.65 per each. On sale for 2 weeks
NSW-METRO-2409-25-488150



ONLY
at coles

\$16
ea

SAVE \$7
WAS \$23

Vittoria Freeze Dried Instant
Coffee 200g \$8.00 per 100g



\$26
ea

SAVE \$11.50
WAS \$37.50

Moccona Freeze Dried Instant
Coffee 400g \$6.50 per 100g

Bringing home the bacon



2 for
\$8

SAVE \$3

Coles Bacon 200g
\$20.00 per kg. Product sold uncooked

Serving suggestion only

1/2
PRICE

\$1³⁵
ea

SAVE \$1.35
WAS \$2.70



Chobani Greek Yogurt Pouch 140g
\$0.96 per 100g



\$6²⁰
ea

SAVE \$1.80
WAS \$8

Tamar Valley Dairy Greek Style
Yoghurt 1kg \$0.62 per 100g



\$1⁶⁵
ea

SAVE 85¢
WAS \$2.50

Farmers Union Greek Style or No
Added Sugar Kids Yogurt Pouch
130g \$1.27 per 100g



\$1⁸⁵
ea

SAVE 85¢
WAS \$2.70

Chobani Greek or No Sugar
Added Greek Yogurt 150g-160g



\$4⁵⁰
ea

DOWN DOWN
WAS \$5.75
AUG 2025

Danone Activia Probiotics
No Added Sugar Yoghurt 4x125g
\$0.90 per 100g



\$2⁵⁰
ea

SAVE \$1
WAS \$3.50

The Juice Lab Wellness
Shot 60mL \$41.67 per litre



\$4⁸⁰
ea

SAVE \$1.40
WAS \$6.20

Boost Juice 1 Litre
\$4.80 per litre



\$6³⁰
ea

SAVE 90¢
WAS \$7.20

Tamar Valley Dairy The
Creamery Yoghurt 700g
\$0.90 per 100g



\$6⁷⁰
ea

DOWN DOWN
WAS \$7.50
SEP 2025

Western Star
Spreadable Blend 500g
\$1.34 per 100g



\$4^{ea}

SAVE \$1.80
WAS \$5.80

McCain Beer Batter Chips
750g \$5.33 per kg

\$5^{ea}

SAVE \$2.50
WAS \$7.50

Pickers Snacks 230g-350g

Bonus
glassware
credit*



2 for
\$8

SAVE \$3.20

McCain Red Box Tray Meal
375g-400g

2 for
\$15

SAVE \$4

McCain Pub Size Meal
480g-500g

*See page 19 for T&Cs



\$7⁵⁰^{ea}

SAVE \$2
WAS \$9.50

Core Powerfoods Frozen Meal
350g \$2.14 per 100g



\$9^{ea}

SAVE \$3
WAS \$12

Birds Eye Oven Bake Fish Fillets
425g \$21.18 per kg



\$12⁶⁰^{ea}

SAVE \$5.40
WAS \$18

KB's Gyoza 750g
\$1.68 per 100g

Catalogue on sale Wed 24th Sep until Tue 30th Sep 2025 or until Tue 7th Oct where indicated. Selected specials commenced Wed 17th Sep. Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles online, Coles Local, Coles Broken Hill and Wynyard. Deli promotions are not available at Coles Liverpool, West Ryde, Fairfield West, Narrandera, Chipping Norton, Ropes Crossing, The Entrance, Killarney Vale, Berkeley, Helensburgh, Jewellstown, Fairfield, Illawong, Taniilba Bay, Tea Gardens, Narramine, Westmead, South West Rocks, Green Point, Alstonville, Baulkham Hills, Brighton Le Sands, Cooma, Kings Langley, Wadalba, Tenterfield, Parkes, Eden, Edensor Park, Tuggeranong, Picton, Vincentia, Moss Vale, Wingham, Old Bar, Chullora & Umina Beach. Savings and single sell prices shown are off New South Wales regular selling prices. Some advertised products may already be priced below the New South Wales selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.



\$6
ea
DOWN DOWN
WAS \$7
JUL 2025

Toscano Petite Liege Style Waffles
6 Pack 270g \$2.22 per 100g



\$6⁵⁰
ea
SAVE \$3
WAS \$9.50

Weis Frozen Dessert Bars
4 Pack-6 Pack 264mL-280mL



\$7²⁰
ea
SAVE \$4.80
WAS \$12

Connoisseur Ice Cream Tub
1 Litre \$0.72 per 100mL



\$8
ea
SAVE \$2
WAS \$10

Weis Frozen Dessert Tub 1 Litre
\$0.80 per 100mL



\$8⁴⁰
ea
SAVE \$3.60
WAS \$12

Streets Magnum Sticks
4 Pack-6 Pack 360mL-428mL



\$8⁷⁰
ea
SAVE \$2.20
WAS \$10.90

Peters Original Ice Cream Tub
4 Litre \$0.22 per 100mL

made with fresh milk & cream

\$5⁵⁰
ea
SAVE \$5.50
WAS \$11

Bulla Creamy Classics Ice Cream
Tub 2 Litre \$0.28 per 100mL



1/2
PRICE

un
fake
able®

ADVERTISER PROMOTION



\$6^{ea}
EVERY DAY

Coles Frozen Mango Sorbet Sticks 6 Pack
360mL \$1.67 per 100mL



Bonus
glassware
credit*

\$6⁵⁰^{ea}
EVERY DAY

Streets Blue Ribbon Frozen Dessert Tub 2 Litre
\$0.33 per 100mL. *See page 19 for T&Cs



\$6⁹⁰^{ea}
SAVE \$2.60
WAS \$9.50

Peters Drumstick Cones
4 Pack-6 Pack 475mL-490mL



\$8⁵⁰^{ea}
SAVE \$4
WAS \$12.50

Norco Cape Byron Ice Cream
Sticks 4 Pack 380mL
\$2.24 per 100mL



\$11^{ea}
DOWN DOWN
WAS \$12.50
SEP 2025

Destination Italy Gelato Tub
500mL \$2.20 per 100mL

BEN & JERRY'S

DOUGHN'T FORGET ABOUT DESSERT

1/2 PRICE

\$7²⁵^{ea}
SAVE \$7.25
WAS \$14.50

Ben & Jerry's Ice Cream Tub
458mL \$1.58 per 100mL

Chocolate Chip Cookie Dough

Half Baked

ADVERTISER PROMOTION

FAIRTRADE

1/2 PRICE

SUNSCREEN

Exclusions apply †



Hamilton Active Family Sunscreen SPF50+ 110mL[^]
\$6.36 per 100mL



Olay Complete Defence Sensitive Daily UV Moisturising Lotion SPF30 75mL \$10.67 per 100mL



Surf Life Saving Sport Sunscreen Lotion SPF50+ 200mL[^]
\$4.50 per 100mL



Nivea Sun Protect & Moisture Sunscreen SPF50+ 200mL[^]
\$5.38 per 100mL



Banana Boat Sport Sunscreen SPF50+ 200g[^]
\$5.50 per 100g



Neutrogena Hydro Boost Face Sunscreen SPF50 85mL[^]
\$15.88 per 100mL

†Excludes Every Day, Down Down & clearance items

[^]This product may not be right for you. Read the warnings before purchase. Avoid prolonged exposure to the sun. Wear protective clothing, hats and eyewear when exposed to the sun. Frequent reapplication is required for effective sun protection.

GARNIER

PlantACoral

YOU BUY ONE, WE PLANT ONE

For every Garnier product purchased at Coles, Garnier will plant a coral on damaged areas of the Great Barrier Reef^{††}.



Garnier Good Hair Colourant 1 Pack \$13.00 per each



Garnier Vitamin C* Brightening Serum 30mL
\$73.33 per 100mL



Garnier Pure Active Pimple Patches 22 Pack
\$0.30 per each



IN PARTNERSHIP WITH

Great Barrier Reef Foundation

*Vitamin C = Vitamin Cg

††For each Garnier Product sold at Coles Supermarkets and on Coles Online between 29.09.2025 and 04.11.2025, Garnier will support the Great Barrier Reef Foundation in planting 1 coral on the Great Barrier Reef during the November/December 2025 coral spawning season (up to a maximum of 700,000 corals total), via a corresponding donation to the Great Barrier Reef Foundation. See how we're tracking with this target at garnier.com.au. Excluding clearance SKUs.

ADVERTISER PROMOTION

40% OFF

ONLY
at coles



\$3
ea

SAVE \$2
WAS \$5

Rascals Premium Baby Wipes
72 Pack-80 Pack



\$12
ea

SAVE \$8
WAS \$20

BabyLove Bulk Nappy Pants
22 Pack-28 Pack

NEW
at coles



\$3.50
ea

SAVE \$2.40
WAS \$5.90

Poise Contenance
Ultra Long Liners
20 Pack \$0.18 per each



\$2
ea

SAVE \$1.70
WAS \$3.70

Poise Bladder
Protection Light
Contenance Liners
18 Pack \$0.11 per each



\$8.50
ea

SAVE \$5.90
WAS \$14.40

Depend Real Fit
Underwear for
Women XL 8 Pack
\$1.06 per each



\$4.80
ea

SAVE \$3.20
WAS \$8

Listerine Freshburst
or Freshburst Zero
Mouthwash 500mL
\$0.96 per 100mL



\$4.75
ea

SAVE \$4.75
WAS \$9.50

Nivea Antiperspirant
Aerosol Deodorant
250mL \$1.90 per 100mL.
2nd week on sale



\$9
ea

SAVE \$6
WAS \$15

Garnier Body
Superfood 380mL
\$2.37 per 100mL



\$10
ea

SAVE \$7
WAS \$17

Garnier Micellar
Cleansing Water 400mL
\$2.50 per 100mL



\$12
ea

SAVE \$8
WAS \$20

Neutrogena
Hydro Boost Water
Gel Cleanser 145mL
\$8.28 per 100mL



\$2^{ea}

SAVE \$30^c
WAS \$2.30

Rafferty's Garden 4+ Months, 6+ Months or 8+ Months Baby Food Pouch 120g \$1.67 per 100g



\$16^{ea}

SAVE \$4
WAS \$20

Alula Gentle Stage 3 Toddler Milk Drink 900g \$1.78 per 100g



\$20^{ea}

SAVE \$5
WAS \$25

Nestlé NAN Optipro Stage 3 Toddler Milk Drink 800g \$2.50 per 100g



\$9⁵⁰^{ea}

DOWN DOWN
WAS \$17
SEP 2025

Nivea Body Wash 1 Litre \$0.95 per 100mL



\$20⁵⁰^{ea}

SAVE \$9.40
WAS \$29.90

Metamucil Daily Fibre Supplement Orange Smooth 72 Doses 425g^a \$4.82 per 100g



ONLY at coles

\$21⁵⁰^{ea}

SAVE \$9.50
WAS \$31

Rascals Premium Jumbo Nappy Pants 42 Pack-56 Pack

^aThis medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Incorrect use could be harmful.

Superior comfort and protection

1/2 PRICE



\$2⁵⁰^{ea}

SAVE \$2.50
WAS \$5

U By Kotex Ultra Thin Pads Regular with Wings 14 Pack \$0.18 per each



\$2⁸⁰^{ea}

SAVE \$2.80
WAS \$5.60

U By Kotex Zero Pads Super with Wings 10 Pack \$0.28 per each



\$2⁵⁰^{ea}

SAVE \$2.50
WAS \$5

U by Kotex Overnight Extra Pads with Wings 10 Pack \$0.25 per each

ADVERTISER PROMOTION

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\$3^{ea}

SAVE \$1.50
WAS \$4.50



Colgate Plax Freshmint
Mouthwash 250mL
\$1.20 per 100mL

Bonus
glassware
credit*

\$4⁵⁰^{ea}

SAVE \$2.50
WAS \$7



Bonus
glassware
credit*

Colgate Total Active Prevention
Deep Clean or Whitening
Toothpaste 115g \$3.91 per 100g

\$5⁵⁰^{ea}

SAVE \$2.50
WAS \$8



Colgate Max Fresh Watermelon
Toothpaste 100g
\$5.50 per 100g

*See page 19 for T&Cs

1/2 PRICE

\$2⁷⁵^{ea}

SAVE \$2.75
WAS \$5.50



Oral B 3D White 2 In 1 Whitening
Long Lasting or Enamel Toothpaste
110g \$2.50 per 100g

1/2 PRICE

\$3^{ea}

SAVE \$3
WAS \$6



Oral B Pro Health Advanced
Deep Clean or Whitening
Toothpaste 110g \$2.73 per 100g

1/2 PRICE

\$5^{ea}

SAVE \$5
WAS \$10



Oral B Sensitivity & Gum Extra
Fresh or All Day Protection
Toothpaste 90g \$5.56 per 100g



1/2 PRICE

REMOVES UP TO 100% MORE PLAQUE**

& FIGHTS CAVITIES^
EVEN IN BACK MOLARS



Regular
Manual Toothbrush



Oral-B iO
Electric Toothbrush



\$80^{ea}

SAVE \$80
WAS \$160

Oral B iO2 Electric
Toothbrush Black
1 Pack \$80.00 per each



\$10^{ea}

SAVE \$10
WAS \$20

Oral B 3D White Freshness
Blast Intensive Whitening
Toothpaste 94g
\$10.64 per 100g

^Oral-B electric brush vs regular manual toothbrush

**with regular brushing using Oral-B fluoride toothpaste

ADVERTISER PROMOTION



**1/2
PRICE**

\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Schmackos Dog Treats
450g-500g



\$1¹⁰
ea

SAVE 50¢
WAS \$1.60

Dine Classic Collections Cat Food
85g \$1.29 per 100g



\$1⁹⁰
ea

SAVE 85¢
WAS \$2.75

Fussy Cat Cat Food 400g
\$0.48 per 100g



\$8
ea

SAVE \$2
WAS \$10

Temptations Cat Treats 180g
\$4.44 per 100g



\$10
ea

SAVE \$4.50
WAS \$14.50

Felix Cat Food 12x85g
\$0.98 per 100g



\$11
ea

SAVE \$5
WAS \$16

Dine Classic Collections Cat Food
Pouches 12x85g \$1.08 per 100g



\$15
ea

SAVE \$5
WAS \$20

Purina One Adult Dry Cat Food
1.4kg-1.5kg



\$36
ea

SAVE \$9
WAS \$45

Optimum Dry Dog Food
6.2kg-7kg

**DOWN
DOWN**

\$9
ea

DOWN DOWN
WAS \$11
JUL 2025

Woofin' Good Oven Baked
Dog Treat Biscuits 800g
\$1.13 per 100g



\$32⁸⁰
ea

DOWN DOWN
WAS \$36.50
AUG 2025

Greenies Original Dog Treats
Regular 12 Pack \$2.73 per each



EVERY DAY



\$1⁰⁵
ea

Coles Ultra Multipurpose
Domestic Cleaning Wipes
10 Pack \$0.11 per each



\$2⁸⁰
ea

Coles Ultra Rinse Aid 500mL
\$0.56 per 100mL



\$6
ea

Coles Ultra Advanced
Dishwasher Tablets 40 Pack
\$0.15 per each



Bonus
glassware
credit*

\$4
ea

DOWN DOWN
WAS \$7
SEP 2025

Dettol Multipurpose Cleaner 750mL
\$0.53 per 100mL. *See page 19 for T&Cs



\$7
ea

SAVE \$5
WAS \$12

Dettol Multipurpose Disinfectant Wipes
110 Pack \$0.06 per each. *See page 19 for T&Cs



\$4
ea

SAVE \$2
WAS \$6

Handee Ultra Paper Towel
4 Pack \$1.67 per 100 sheets
NSW-METRO-2409-25-488150

1/2
PRICE



\$5²⁵
ea

SAVE \$5.25
WAS \$10.50

Cuddly Concentrate Fabric
Conditioner 850mL \$6.18 per litre



\$13⁵⁰
ea

DOWN DOWN
WAS \$15
SEP 2025

Quilton 4-Ply Softness Gold Toilet
Tissue 20 Pack \$0.56 per 100 sheets

coles



When performance matters



\$2¹⁰
ea

EVERY DAY

Coles Ultra Pre Wash
Stain Remover 750mL
\$2.80 per litre



\$3⁵⁰
ea

EVERY DAY

Coles Ultra Fabric
Conditioner 2 Litre
\$1.75 per litre



\$3⁹⁰
ea

EVERY DAY

Coles Ultra Oxy Action
Laundry Stain Remover
Powder 1kg \$3.90 per kg



\$4
ea

EVERY DAY

Coles Ultra Fabric Conditioner
Tropical Oasis 1 Litre
\$4.00 per litre



\$4
ea

EVERY DAY

Coles Ultra Fabric
Conditioner Island Breeze
1 Litre \$4.00 per litre



\$10⁵⁰
ea

EVERY DAY

Coles Ultra Concentrate
Laundry Powder 2kg
\$5.25 per kg

1/2 PRICE

BONDS APPAREL

Exclusions apply †

\$16^{ea}
SAVE \$16
WAS \$32



Bonds Men's Hipster Briefs
5 Pack

\$13^{ea}
SAVE \$13
WAS \$26



Bonds Women's Seamless
Full Brief 2 Pack

\$8^{ea}
SAVE \$8
WAS \$16



Bonds Women's Socks 1/4 Crew
Logo 3 Pack On sale for 2 weeks

†Excludes Babywear, Period and Continence Underwear & clearance items

\$8⁵⁰^{ea}
SAVE \$8.50
WAS \$17



Décor Microsafe Easy Heat
Containers 900mL 3 Pack
\$2.83 per each

\$7^{ea}
SAVE \$7
WAS \$14



Brunnings Fast Action Path
Weeder 1 Litre

\$10⁵⁰^{ea}
SAVE \$4.50
WAS \$15



Joseph Joseph Duo 3 In 1
Avocado Tool

\$8⁷⁵^{ea}
SAVE \$3.75
WAS \$12.50



Heat Beads BBQ Briquettes 4kg
\$0.22 per 100g

\$5⁵⁰^{ea}
SAVE \$4.50
WAS \$10



Bic Mega Lighter 1 Each
\$5.50 per each

\$5⁵⁰^{ea}
EVERY DAY



Coles BBQ Trays 4 Pack
\$1.38 per each



\$100 and \$250 Visa Gift Cards

\$100 + \$5.95 Activation Fee,
\$250 + \$7.50 Activation Fee.

Excludes Birthday and Thank you
Visa cards. In-store only.



Limit 5 Gift Cards per Flybuys account. Offer valid from 24/9/25 to 30/9/25 and only available in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au), subject to store availability. Excludes \$25, \$50, and \$400 Visa Gift Cards. Excludes Birthday and Thank you Visa Gift Cards. To qualify for this offer you must present your Flybuys card at the time of purchase. While stocks last, no rainchecks. **BONUS POINTS can be awarded more than once for each Gift Card type including different denominations of the same Gift Card but can only be collected up to 5 times per Flybuys account.** Gift Cards can't be used to purchase other Gift Cards at Coles. Standard Flybuys terms and conditions apply and are available at flybuys.com.au. Visa gift cards are issued by Heritage and People's Choice Limited trading as Heritage Bank ABN 11 087 651 125 AFSL 244310 pursuant to a license from Visa Worldwide Pte Limited.

Razor-sharp Deals



\$39 PREPAID SIM

boost mobile

\$13_{ea}

BETTER THAN 1/2 PRICE

SAVE \$26 WAS \$39

\$39 SIM Pack

50GB

FOR \$39

50GB on first 3 recharges,
25GB on 4th recharge

28 days expiry

SIM includes first recharge

Join the data rich

40GB 80GB

Every month for 12 months when you activate a new \$35 mobile plan by 5.10.25.

\$15_{ea}

SAVE \$20 WAS \$35

Belong \$35 Mobile SIM

- Includes SIM card, 80GB + Unlimited calls & texts in Aus.

CALL, TEXT & DATA

It feels good to **BELONG**

Bougie data deal

80GB

\$35 /mth for 12 mths

BETTER THAN 1/2 PRICE

ADVERTISER PROMOTION



Pre-Paid on Australia's most reliable mobile network.

5G included on all Pre-Paid plans.

Telstra 5G is available in most metro and many regional areas and continues to expand. Check our coverage maps at telstra.com/coverage. Compatible device required.

\$59_{ea}

SAVE \$20 WAS \$79

Telstra T-Essential 4G

- 5" FWVGA+ display
- Rear camera (5MP with flash)



\$13_{ea}

SAVE \$26 WAS \$39

Telstra \$39 SIM Kit

- 45GB on first 3 recharges, 15GB from 4th
- 28 days expiry

Telstra Pre-Paid Mobile

\$39

45GB

28 days expiry

Continuous Data Rollover
Roll over up to 200GB of unused data when you recharge an eligible amount before expiry.

Unlimited calls & text
To standard Australian numbers.

Offer for new activations only.
For use in Aus.

Download speeds are capped at 1Mbps. Telstra speeds are slower and will vary due to various factors.

On first three recharges, 15GB from fourth.
First recharge by 6 October 2025, remaining recharges by 5 December 2025.

BETTER THAN 1/2 PRICE

80GB

\$40

amaysim

\$15_{ea}

SAVE \$25 WAS \$40

amaysim \$40 Starter Pack

- 80GB data, 28 day expiry
- Unlimited data banking

BETTER THAN 1/2 PRICE

Unlimited data. Every weekend.

85GB

\$59

OPTUS

\$25_{ea}

SAVE \$34 WAS \$59

Optus \$59 Prepaid SIM

- 45GB + 40GB bonus data first 3 recharges, 28 day expiry

Free \$39

Optus SIM Starter Kit incl.

\$79_{ea}

SAVE \$20 WAS \$99

Optus X Plus

- 6.52" 90Hz display
- 8MP AI camera

Free \$39

Optus SIM Starter Kit incl.

\$59_{ea}

SAVE \$20 WAS \$79

Optus X Start 4 4G

- 5" display
- 5MP camera with flash

General Devices: Excluding iPhones, all devices are Network Locked. Unlocking fees may apply. All included starter pack offers are included in device packaging. **General SIMs:** All value SIMs include first recharge applied on activation. All for personal use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Speed caps apply. 5G coverage in selected areas where specified. Terms & Fair Go policies apply, see individual packs. Limit 5 per customer. **Telstra & Boost SIMs:** For bonus data inclusions, activate by 6/10/25, with remaining 2 recharges by 5/12/25. **amaysim \$40 SIM:** Promotion price ends 30/9/25. Ongoing \$40/80GB/28 day expiry. **Optus \$59 SIM:** Unlimited data every weekend available with AutoRecharge activated only.

Prepaid deals

yes OPTUS

Switch to Optus at Coles today

\$49^{ea}
SAVE \$10
WAS \$59

Free \$13
Optus SIM Starter Kit incl.

Optus X Lite 4

- 2.4" display
- Rear camera
- 4G network access



\$129^{ea}
SAVE \$20
WAS \$149

Free \$39
Optus SIM Starter Kit incl.

Optus X Tap 3

- 6.6" HD+ display
- 50MP main camera
- 28GB storage



\$139^{ea}
SAVE \$30
WAS \$169

Free \$39
Optus SIM Starter Kit incl.

Optus X Pro 5G

- 4G + 5G network access
- 50MP main camera
- Google Wallet via NFC




BETTER THAN 1/2 PRICE

\$14^{ea}
SAVE \$25
WAS \$39

Unlimited data. Every weekend.
45GB \$39

Optus \$39 Prepaid SIM Starter Kit

- Get 45GB first 3 recharges only
- Unlimited Data. Every Weekend. When you stay connected with AutoRecharge.
- Unlimited std talk & text in Australia
- Roll over up to 200GB
- 28 day expiry



\$109^{ea}
SAVE \$71
WAS \$180

140GB \$180

Optus \$180 Prepaid SIM Starter Kit

- Get 140GB first 3 recharges only
- Unlimited std talk & text within Australia
- Roll over up to 200GB
- 186 day expiry



\$219^{ea}
SAVE \$131
WAS \$350

300GB \$350

Optus \$350 Prepaid SIM Starter Kit

- Get 300GB first 3 recharges or
- Unlimited std talk & text within Australia
- Roll over up to 200GB
- 365 day expiry



All for use in Australia. Fair Go Policy applies. Activate within 30 days of purchase or by date advertised on the promotion, whichever is earlier, to receive advertised inclusions. Optus X Lite 4, Optus X Tap 3, Optus \$180 SIM Starter Kit and Optus \$350 SIM Starter Kit offers end 30/9/25. Optus X Pro 5G offer ends 7/10/25. \$39 SIM Starter Kit ends 14/10/25. **Free Prepaid SIM:** New services only. Activate SIM to apply included recharge to an available plan of same value. See optus.com.au/prepaidplans for full plan details. **\$39 SIM Starter Kit:** Includes \$39 recharge. New services only. Data applies for first 3 recharges within 90 days of activation only; reverts to 25GB after 3rd recharge (or as otherwise notified). **Unlimited Data Weekends:** from 12.01am Sat to 11.59pm Sun (local time) when you activate/recharge with AutoRecharge on \$39 Optus Flex Plus (excl. expired or manual recharges). Not accessible on modems. **\$180 SIM Starter Kit:** Includes \$180 recharge. New services only. First 3 recharges must be within 3 years of activation. Reverts to 90GB after 3rd recharge (or as otherwise notified). **\$350 SIM Starter Kit:** Includes \$350 recharge. New services only. First 3 recharges must be within 3 years of activation. Reverts to 220GB after 3rd recharge (or as otherwise notified). Speed capped at 250Mbps (actual speeds will vary and may be slower). **Data Rollover:** Requires recharge before expiry. **5G:** 5G available in selected areas (excl. NT) with a compatible device and plan. **General:** Coverage varies, see optus.com.au/coverage. For SIM offers, ongoing recharges revert to standard price. Devices are network locked. For unlocking fees see optus.com.au/unlock. To use SIM, device must be compatible with the Optus Network, see optus.com.au/compatibility.

ADVERTISER PROMOTION

dodo mobile

the real deal



POWERED BY OPTUS

dodo mobile
the real deal

\$23
SIM & credit pack
+ **50GB**
bonus data to bank on activation

Real add when electricity



SAVE \$13
WAS \$23

Dodo \$23 Mobile Plan
• Including 50GB of bonus data to bank

POWERED BY OPTUS

dodo mobile
the real deal

\$33
SIM & credit pack
+ **100GB**
bonus data to bank on activation

Real add when electricity



SAVE \$18
WAS \$33

Dodo \$33 Mobile Plan
• Including 100GB of bonus data to bank

Min cost \$10 and \$15, any unused bonus and plan data will be banked for your future use. Offer ends 7/10/2024. New and returning mobile customers only. Plan inclusions are dependent on the plan you select when applying your purchased credit. If you select a plan of higher value, you will need to pay the difference.

A compatible mobile handset is required to use the service. Full T&Cs are available at: dodo.com/terms-policies

ADVERTISER PROMOTION

LIQUORLAND

SCORE MORE!

WITH

Flybuys



**10x POINTS ON
SELECTED PRODUCTS
WHEN YOU SCAN YOUR FLYBUYS**

Offer valid in-store or online at Liquorland and First Choice Liquor Market. Excludes NT and WA North stores and residents. To qualify for this offer you must be a Flybuys member, purchase any selected product/s in-store or online and scan your Flybuys card or enter your member number at the point of purchase. Transactions must take place between 10/09/2025 and 11:59pm 07/10/2025. See full list of participating products at Liquorland at www.liquorland.com.au/specials/flybuys-offer. 10x points are equal to 1 standard point plus 9 bonus point per \$1 spent. Multiple redemptions allowed per member account. Points not awarded on purchases deemed to be wholesale quantities. Retail limits apply. Points awarded after savings and discounts. Excludes purchases made through any third-party ordering platforms including Uber Eats, Menulog and DoorDash. Points will be credited within 4 weeks after expiry of offer. Offer not available to under 18s and purchases must be made by persons aged 18 years or older, proof of age must be supplied on request. Flybuys and its liquor partners support ID25, DrinkWise (get the facts DrinkWise.org.au) and the responsible enjoyment of alcohol. Standard Flybuys terms and conditions apply and are available at flybuys.com.au.

~~\$67~~

\$50_{ea}

Kirin Hyoketsu
Cans 10x330mL



**10
PACK**

~~\$65~~

\$60_{ea}

Tooheys New
Block Cans
30x375mL



**30
PACK**

~~\$68~~

\$58_{ea}

Jim Beam Black
Extra-Aged
Kentucky
Straight Bourbon
700mL



~~\$88~~

\$79_{ea}

Jack Daniels
Tennessee
Whiskey
1 Litre



PREMIX

~~\$25~~

\$20_{ea}

Billson's Tangle
Vodka Mixed Drink
Cans 4x355mL



**4
PACK**

~~\$34~~

\$30_{ea}

Canadian Club
& Dry Cans
6x375mL



**6
PACK**

~~\$49~~

\$43_{ea}

Vodka Cruiser
Mixed Bottles
10x275mL



**10
PACK**

~~\$60~~

\$50_{ea}

Jack Daniels
& Cola Cans
10x375mL



**10
PACK**

Offers apply from 24/09/25 until 30/09/25 unless sold out prior. Specials not available through Liquorland George Street, World Square or Liquorland Broken Hill store. Prices may vary in regional areas. Some products and offers may not be available in all stores or Coles Liquor Supermarkets. Savings are shown off the regular selling price across our New South Wales Metro stores. Not valid in conjunction with any other offer. Retail limits apply. Liquor and tobacco not sold to under 18s. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd. To view our terms and conditions including licence numbers visit www.liquorland.com.au

Flybuys

COLLECT
POINTS
EVERY SHOP

**\$10 OFF YOUR
SHOP INSTANTLY^{††}**

Flybuys
2,000
POINTS

=

**\$10
OFF**

INSTORE

AND SCAN YOUR FLYBUYS

^{††}Flybuys points can be converted to Flybuys dollars in multiples of 2,000 points only.
2,000 points equates to \$10 Flybuys dollars. For Flybuys dollars T&Cs visit flybuys.com.au

SPIRITS & LIQUEURS



~~\$48~~
\$40^{ea}

Baileys Irish
Cream Liqueur
700mL



~~\$48~~
\$46^{ea}

Smirnoff Red
Vodka 700mL



~~\$78~~
\$65^{ea}

Olmeca Altos
Plata Tequila
700mL



~~\$88~~
\$80^{ea}

Bombay
Sapphire Gin
1 Litre

WINE



~~\$18~~
\$12^{ea}

Jacob's Creek
Trilogy Sparkling
750mL

**Bonus
glassware
credit***

*See page 19 for T&Cs



~~\$28~~
\$15^{ea}

Barossa Valley
Wine Co. Gravel
Track Cab Sauv
750mL



Any
**2
for
\$24**

SAVE \$12

Champteloup
Rose d'Anjou
750mL



Any
**2
for
\$24**

SAVE \$12

The Ned Marlborough
Sauvignon Blanc
750mL

Flybuys

COLLECT
POINTS
EVERY SHOP

**10% OFF
WINE[†]**
WHEN YOU PURCHASE
6+ BOTTLES

AND SCAN YOUR FLYBUYS

[†]Purchase 6 or more bottles of wine (excluding cask wine) in one transaction and scan or enter your Flybuys at the time of purchase.
Discount applied after savings and discounts. Offer excludes stores in NT and South Hedland areas in WA and purchases made through Uber Eats, DoorDash and Menulog. Standard Flybuys T&Cs apply at flybuys.com.au

ENDS TUESDAY!

GREAT NORTHERN

EST BREWING CO QLD

PRICE!

~~\$57~~
\$43⁹⁰
ea

SAVE \$13.10

Great Northern
Super Crisp Lager
Bottles 24x330mL


24
PACK



SAVE \$13¹⁰ A CASE!

Offer available in store and online from 24/09/2025 until 30/09/2025 for Great Northern Super Crisp Bottles (24 pack) unless sold out prior. Excludes WA North and NT. Limited to 9 cartons per customer, per transaction. Offer not available through Uber Eats, DoorDash or Menulog. While stocks last. Subject to stock availability. Not valid in conjunction with any other offer. Liquor not sold to under 18s.

ADVERTISER PROMOTION

Choose to
DrinkWise. 

BEER



**LOW
PRICE
EVERY DAY**

\$33^{ea}

Heineken Bottles
12x330mL

**12
PACK**



~~\$63~~
\$55^{ea}

Coopers
Australian
Lager Cans
24x375mL

**24
PACK**



~~\$59~~
\$51^{ea}

Carlton
Dry Bottles
24x330mL

**24
PACK**



**Bonus
glassware
credit***

**LOW
PRICE
EVERY DAY**

\$48⁹⁰^{ea}

Smithy's Gold
Block Cans
30x375mL
*See page 19 for
T&Cs

**30
PACK**

PREMIX



~~\$27~~
\$23^{ea}

-196 Double
Lemon & Vodka
Cans 4x330mL

**4
PACK**



~~\$34~~
\$30^{ea}

Jim Beam White
& Cola Cans
6x375mL

**6
PACK**



~~\$61~~
\$55^{ea}

Smirnoff Ice
Double Black
Cans 10x375mL

**10
PACK**



~~\$69~~
\$60^{ea}

Wild Turkey &
Cola 101 Cans
10x375mL

**10
PACK**

SPIRITS



~~\$79~~
\$63^{ea}

Jack Daniels
Gentleman
Jack
Tennessee
Whiskey
700mL



~~\$64~~
\$56^{ea}

Jameson
Irish Whiskey
700mL



~~\$67~~
\$55^{ea}

Wild Turkey
Kentucky
Straight
Bourbon
Whiskey
700mL



~~\$72~~
\$60^{ea}

The Kraken
Spiced Rum
700mL

WINE



~~\$18~~
\$12^{ea}

Two Churches
The Preacher
Chardonnay
750mL



~~\$17~~
\$12^{ea}

Land of Giants
Marlborough
Sauvignon
Blanc 750mL



~~\$17~~
\$12^{ea}

Land of Giants
Pinot Noir
750mL



~~\$18~~
\$10^{ea}

Tussock Jumper
Tempranillo
750mL

Choose to
DrinkWise.



Shop
Online

Click &
Collect

Home
Delivery