

QLD ON SALE Wed 16 Jul to Tue 22 Jul 2025
See page 26 for details



Contactless
collect



Contactless
delivery



Shop
in store

coles

ONLY
at coles

\$4^{ea}

SAVE \$4
WAS \$8



Cadbury Dairy Milk Block
Chocolate 150g-190g

ONLY
at coles

\$3^{ea}

SAVE \$3
WAS \$6



Arnott's Tim Tam
Biscuits 165g-200g

1/2
PRICE

\$3²⁵^{ea}

SAVE \$3.25
WAS \$6.50



Uncle Tobys Plus Cereal
410g-435g



\$4^{ea}

SAVE \$4
WAS \$8

Nescafé Coffee Sachets
8 Pack-10 Pack

\$50

\$5

WIN
MONEY
OFF YOUR
SHOP

\$100

Shop. Scan.

WIN!*

1000s of
weekly
winners

\$20

\$15

Spend \$20 and scan or link your registered Flybuys
for your chance to win money off your shop

Flybuys

*See page 4 for T&Cs

1/2 PRICE



\$2²⁵
ea

SAVE \$2.25
WAS \$4.50

Campbell's Country Ladle
or Chunky Soup 495g-505g



\$2³⁰
ea

SAVE \$2.30
WAS \$4.60

Golden Crumpet Rounds
6 Pack 300g \$0.77 per 100g



\$2⁷⁵
ea

SAVE \$2.75
WAS \$5.50

Pringles Potato Crisps
118g-134g



\$4⁵⁰
ea

SAVE \$4.50
WAS \$9

Bulla Frozen Dessert Sticks
8 Pack-14 Pack 400mL-750mL



\$6
ea

SAVE \$6
WAS \$12

Birds Eye Oven Bake Fish
Fillets 425g \$14.12 per kg



\$6⁷⁵
ea

SAVE \$6.75
WAS \$13.50

Twinings Tea Bags
80 Pack-100 Pack

**1/2
PRICE**

\$15
ea

SAVE \$15
WAS \$30

Omo Laundry Liquid 2 Litre
or Capsules 28 Pack



\$29
ea

SAVE \$10
WAS \$39

Huggies Ultra Dry Jumbo Nappies
60 Pack-108 Pack



\$18
kg

SAVE \$3kg
WAS \$21kg



Coles Australian Lamb Forequarter Chops
\$18.00 per kg. On sale for 2 weeks. Product sold uncooked

Serving suggestion only



Shop. Scan.

WIN!*

Spend \$20 and scan or link your registered Flybuys for your chance to win money off your shop

Flybuys

Shop in store

You could win money off your shop, at the checkout instantly

Shop online

You'll enter the weekly draw to win money off your next shop

\$50

\$5

\$100

WIN
MONEY
OFF YOUR
SHOP

1000s of
weekly
winners

\$20

\$15

*See page 4 for T&Cs

Bonus entry

Shop. Scan. **WIN!***

Spend \$20 and scan or link your registered Flybuys and receive a bonus entry when you purchase a product from a participating brand

Flybuys



*Competition ends 02/9/25. Open to AU res. 18yrs+ and a registered Flybuys member. Receive a bonus entry for products purchased from a participating brand. Limit of three (3) bonus entries per brand per transaction. Win money of your shop. Spend \$20 in one transaction (after savings and discounts have been applied) and scan your Flybuys. A limit of one prize per day per Flybuys account applies for instore transactions only. Prize money can be used instore only and available to redeem until 8/11/25. \$20 spend excludes the purchase of Coles Express, iTunes cards, gift cards, Mobile and Tech accessories (inc. plans and recharge), Opal top up, calling cards, charity products, tobacco and tobacco related product purchases. Weekly Prize Draw: Prize promotion code is available to redeem until 8/11/2025. Excludes the purchase of Coles Insurance products, Coles Best Buy Online Exclusives, DoorDash, Uber Eats, gift cards, Mobile and Tech accessories (inc. plans and recharge), calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions and any delivery charges. Full T&Cs apply - www.coles.com.au/important-information/terms/shop-scan-win Permits: ACT Permit TP25/00780, NSW Permit NTP/12889, SA Permit T25/587

**Bonus
entry****Shop. Scan. WIN!**

Spend \$20 and scan or link your registered
Flybuys and receive a bonus entry when you
purchase a product from a participating brand

Flybuys

**\$2⁵⁰**
ea**SAVE \$1.50**
WAS \$4

Dare Charged Iced Coffee 240mL
\$10.42 per litre

**\$4³⁰**
ea**SAVE \$1.10**
WAS \$5.40

Dare Flavoured Milk 750mL
\$5.73 per litre

**\$5**
pk**DOWN DOWN**
WAS \$5.70
JUN 2025

Primo Real Diced Bacon 200g
\$25.00 per kg

**\$4⁵⁰**
ea**SAVE \$1.50**
WAS \$6

Darrell Lea Bullets
or BB's 150g-204g

**Bonus
entry****Shop. Scan. WIN!*****\$10⁸⁰**
ea**SAVE \$7.20**
WAS \$18

Supercoat Dry Dog Food
2.6kg-2.8kg

**\$4⁵⁰**
ea**SAVE \$3.30**
WAS \$7.80

Colgate Zig Zag Flex Medium
or Soft Toothbrush 3 Pack
\$1.50 per each

**\$6⁵⁰**
ea**SAVE \$4.50**
WAS \$11

Colgate Sensitive Pro Relief
Whitening or Multi Protection
Toothpaste 110g \$5.91 per 100g

**\$3⁹⁰**
ea**SAVE \$2.60**
WAS \$6.50

Colgate Advanced Tartar
& Whitening or Max Fresh
Toothpaste 115g \$3.39 per 100g.
2nd week on sale

*See page 4 for T&Cs

1/2 PRICE



\$1 ea

SAVE \$1.50
WAS \$2.50

Mars Chocolate Bar 30g-56g



\$2²⁵ ea

SAVE \$2.25
WAS \$4.50

Bhuja Mix 140g-160g



\$2⁴⁵ ea

SAVE \$2.45
WAS \$4.90

Vege Chips 100g or
Rice Crackers 75g



\$2⁵⁰ ea

SAVE \$2.50
WAS \$5

The Natural Confectionery
Co. 130g-230g or
Sour Patch 190g



\$2⁵⁰ ea

SAVE \$2.50
WAS \$5

CC's Corn Chips 175g
\$1.43 per 100g



\$3 ea

SAVE \$3
WAS \$6

Smith's Crinkle Cut Chips
or Parker's Pretzels 8 Pack
152g-200g



\$3⁵⁰ ea

SAVE \$3.50
WAS \$7

Cadbury or Europe Bites
120g-160g or Pascall
Chocolate Bites 160g-185g



\$16 ea

SAVE \$16
WAS \$32

Ferrero Rocher Gift Box
30 Pack 375g \$4.27 per 100g



\$17 ea

SAVE \$17
WAS \$34

Lindt Cornet 327g-333g

1/2 PRICE



\$1.40
ea

SAVE \$1.40
WAS \$2.80

Continental Cup a Soup
2 Serves 50g-75g



\$1.65
ea

SAVE \$1.65
WAS \$3.30

Vitasoy Unsweetened Oat
Milk 1 Litre \$1.65 per litre



\$2
ea

SAVE \$2.90
WAS \$4.90

Aunt Betty's Puddings
2 Pack 190g-220g
On sale for 2 weeks



\$2.30
ea

SAVE \$2.30
WAS \$4.60

Dolmio Extra Pasta Sauce
490g-500g



\$2.25
ea

SAVE \$2.25
WAS \$4.50

Kellogg's LCMs or Nutri Grain
Bars 5 Pack 100g-110g



\$2.75
ea

SAVE \$2.75
WAS \$5.50

Nice & Natural Nut Bars
180g-192g



\$3.75
ea

SAVE \$3.75
WAS \$7.50

Carman's Porridge
Sachets 240g-320g
*See page 4 for T&Cs



\$4.50
ea

SAVE \$4.50
WAS \$9

Jordans Granola or
Oat Clusters 500g-750g



\$19
ea

SAVE \$19
WAS \$38

Good Earth Oils Extra Virgin
Canola Oil 4 Litre
\$0.48 per 100mL

1/2 PRICE

\$14^{ea}

SAVE \$14
WAS \$28



Nature's Way Adult Vita Gummies Women's Multivitamin 100 Pack or Vitamin C 120 Pack

\$14^{ea}

SAVE \$14
WAS \$28



Nature's Way Adult Vita Gummies Probiotic + Prebiotic 65 Pack or Restore Probiotic Capsules 30 Pack

\$16^{ea}

SAVE \$16
WAS \$32



Nature's Way Kids Smart Vita Gummies Multi-Vitamin Plus or Immune Defence 120 Pack
\$13.33 per 100 each

\$19^{ea}

SAVE \$19
WAS \$38



Nature's Way Beauty Collagen Shot 50mL x 10 Pack
\$3.80 per 100mL

\$20^{ea}

SAVE \$20
WAS \$40



Nature's Way High Strength Magnesium Tablets 250 Pack \$8.00 per 100 each

\$22^{ea}

SAVE \$22
WAS \$44



Nature's Way Magnesium + Turmeric Tablets 150 Pack
\$14.67 per 100 each

\$17⁵⁰^{ea}

SAVE \$17.50
WAS \$35



Blackmores Probiotics+ Daily Health or Immune Defence Capsules 30 Pack
\$58.33 per 100 each

\$20^{ea}

SAVE \$20
WAS \$40



Blackmores Executive B Stress Formula Tablets 125 Pack
\$16.00 per 100 each

\$22⁵⁰^{ea}

SAVE \$22.50
WAS \$45



Blackmores Super Magnesium+ Tablets 180 Pack
\$12.50 per 100 each

\$24⁵⁰^{ea}

SAVE \$24.50
WAS \$49



Blackmores Bio C 1000mg Tablets 150 Pack
\$16.33 per 100 each

\$30^{ea}

SAVE \$30
WAS \$60



Blackmores Fish Oil 1000mg Capsules 400 Pack
\$7.50 per 100 each

\$18^{ea}

SAVE \$18
WAS \$36



Life-Space Probiotic for 60+ Years Capsules 40 Pack
\$45.00 per 100 each

This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.

1/2 PRICE



\$5⁷⁵
ea

SAVE \$5.75
WAS \$11.50

Dove Advanced Care
Antiperspirant Aerosol
Deodorant 250mL
\$2.30 per 100mL



\$7
ea

SAVE \$7
WAS \$14

Curash Fragrance Free
Baby Wipes 240 Pack
\$2.92 per 100 each



\$8⁵⁰
ea

SAVE \$8.50
WAS \$17

Nivea Body Wash 1 Litre
\$0.85 per 100mL
On sale for 2 weeks



\$10
ea

SAVE \$10
WAS \$20

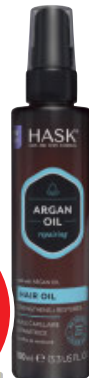
Schwarzkopf Extra Care
Shampoo or Conditioner
950mL \$1.05 per 100mL



\$10⁵⁰
ea

SAVE \$10.50
WAS \$21

Head & Shoulders Shampoo
or Conditioner 660mL
\$1.59 per 100mL



\$13
ea

SAVE \$13
WAS \$26

Hask Argan Oil Repairing
Hair Oil Pump 100mL
\$13.00 per 100mL



\$8
ea

SAVE \$8
WAS \$16

Rimmel Oh My Gloss Shog Lip
Gloss 6.5mL \$12.31 per 10mL



\$20
ea

SAVE \$20
WAS \$40

L'Oréal Age Perfect Day
Cream SPF15 50mL
\$40.00 per 100mL



\$20
ea

SAVE \$20
WAS \$40

L'Oréal Revitalift Anti Wrinkle
Night Cream 50mL
\$40.00 per 100mL

1/2 PRICE



\$14⁵⁰
ea

SAVE \$14.50
WAS \$29

Dynamo Professional Laundry Liquid 2 Litre \$7.25 per litre.
*See page 4 for T&Cs

Bonus entry
Shop. Scan. WIN!



\$16
ea

SAVE \$16
WAS \$32

Vanish NapiSan Oxi Action Gold Multi Power Laundry Booster Powder 2kg \$8.00 per kg.
*See page 4 for T&Cs

Bonus entry
Shop. Scan. WIN!



\$30
ea

SAVE \$30
WAS \$60

Fairy Platinum Plus Dishwashing Tablets 70 Pack \$0.43 per each.
*See page 4 for T&Cs



\$5
ea

SAVE \$5
WAS \$10

Morning Fresh Dishwashing Liquid 900mL \$0.56 per 100mL



\$4⁷⁵
ea

SAVE \$4.75
WAS \$9.50

Fluffy Concentrated Fabric Conditioner 900mL-1 Litre



\$12
ea

SAVE \$12
WAS \$24

Biozet Attack Regular Laundry Liquid 2 Litre or Powder 2kg



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Harpic Fresh Power Liquid 700mL or In The Bowl Toilet Cleaner 39g



\$4²⁵
ea

SAVE \$4.25
WAS \$8.50

Easy Off Bam Kitchen Cleaning Spray 750mL \$0.57 per 100mL



\$13
ea

SAVE \$13
WAS \$26

Air Wick Active Fresh Aerosol-Free Automatic Spray 228mL \$5.70 per 100mL

School's
back

1/2 PRICE

School's
back



\$3⁶⁷
ea

SAVE \$3.68
WAS \$7.35

Sistema To Go Mini Bites 3 Pack
\$1.22 per each



\$10⁵⁰
ea

SAVE \$10.50
WAS \$21

Décor Insulated Double Wall Hydro Bottle
750mL \$10.50 per each



\$2⁶⁰
ea

SAVE 80¢
WAS \$3.40

Pureharvest Organic
Unsweetened Almond Milk 1 Litre
\$2.60 per litre



2 for
\$6

SAVE \$2

Arnott's Shapes or Jatz Crackers
130g-225g



\$9
ea

EVERY DAY

Uncle Tobys Roll Ups Value Pack
234g \$3.85 per 100g



\$4⁴⁰
ea

SAVE \$1.10
WAS \$5.50

Bickford's Cordial 750mL
\$5.87 per litre



\$4⁷⁰
ea

SAVE \$1.20
WAS \$5.90

Cottlee's Cordial 1 Litre
\$4.70 per litre



50¢
PER
BOTTLE

\$12
ea

DOWN DOWN
WAS \$18.90
JUN 2025

Frantelle Spring Water 24x600mL
\$0.83 per litre

School's back

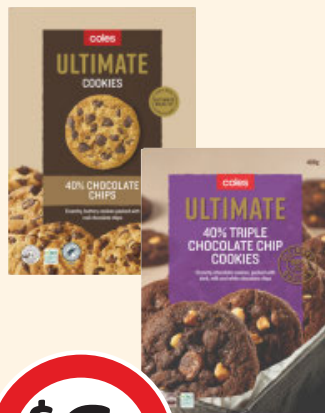


40% OFF

\$3^{ea}

SAVE \$2.10
WAS \$5.10

Golden Circle Tetra Fruit Drink 6x250mL
\$2.00 per litre



\$6^{ea}

DOWN DOWN
WAS \$6.50
JUL 2025

Coles Ultimate 40% Chocolate Chip Cookies 400g
\$1.50 per 100g



\$2⁵⁰^{ea}

SAVE 80¢
WAS \$3.30

Arnott's Malt 'O' Milk or Choc Ripple Biscuits 250g
\$1.00 per 100g



\$3^{ea}

SAVE \$1
WAS \$4

Arnott's Shortbread Cream Biscuits or Cruskits Crispbread 125g-250g



\$3⁵⁰^{ea}

SAVE \$1.50
WAS \$5

Arnott's Tiny Teddy or Bluey 7 Pack-8 Pack 168g-200g
2nd week on sale



\$1⁶⁰^{ea}

SAVE 40¢
WAS \$2

Poppin Microwave Popcorn 100g
\$1.60 per 100g



\$3⁵⁰^{ea}

SAVE \$1.50
WAS \$5

Oreo Mini Creme Biscuits 10 Pack 204g
\$1.72 per 100g.
2nd week on sale



\$4⁵⁰^{ea}

EVERY DAY

Coles Dark Choc Protein Bars 5 Pack 190g \$2.37 per 100g



2 for \$7

SAVE \$2

Jumpy's 5 Pack or Cheezels 6 Pack

EVERY DAY



12x
CANS
VALUE
PACK

\$18
ea

John West Value Pack Tuna 12x95g
\$15.79 per kg

School's
back



\$4.50
ea

Wonder White Bread
680g-700g



ONLY
at coles

\$1.70
ea

DOWN DOWN
WAS \$2.50
JUL 2025

Wild Tides Tuna 95g
\$17.89 per kg



\$4
ea

SAVE \$1
WAS \$5

Maggi 2 Minute Noodles 5 Pack
335g-380g



\$4.50
ea

SAVE \$2
WAS \$6.50

Simson's Pantry Low Carb Wraps
6 Pack 420g \$1.07 per 100g



\$3.50
pk

SAVE 65¢
WAS \$4.15

Coles Bakery Pizza Roll 2 Pack
\$1.75 per each.
Selected stores only



\$2.95
PER
100g

\$29.50
kg

SAVE \$6.50/kg
WAS \$36/kg

Hans Hungarian Salami
\$29.50 per kg. Selected stores
only*. On sale for 2 weeks



\$2.90
PER
100g

\$29
kg

SAVE \$6/kg
WAS \$35/kg

Primo Signature Ham Off
the Bone \$29.00 per kg. Selected
stores only*. On sale for 2 weeks.
*See page 4 for T&Cs

*For locations of Deli counter stores visit coles.com.au/range-availability

School's back



**1/2
PRICE**

\$1.45
ea

SAVE \$1.45
WAS \$2.90



Tamar Valley Dairy The Creamery Greek Style Yoghurt 170g \$0.85 per 100g



\$6
ea

SAVE \$1.50
WAS \$7.50

Bega Cheese Block, Slices or Shredded 250g \$24.00 per kg



\$6.50
ea

SAVE \$2.50
WAS \$9



Dr Oetker Ristorante Pizza 310g-390g



\$7.70
ea

SAVE \$3.30
WAS \$11

McCain Rustica Pizza 335g-450g

*See page 4 for T&Cs

**Bonus
entry**
Shop. Scan. WIN!



\$4.80
ea

SAVE \$1.20
WAS \$6

McCain Pub Style Fries 750g \$6.40 per kg.

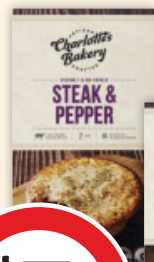
*See page 4 for T&Cs



\$6.90
ea

SAVE \$3.10
WAS \$10

Herbert Adams Slow Cooked Beef Pies 2 Pack 400g-420g



\$7
ea

DOWN DOWN
WAS \$11.80
JUN 2025

Charlotte's Bakery Slow Cooked Pies 2 Pack 400g \$1.75 per 100g

School's back



75¢
ea

SAVE 35¢
WAS \$1.10

Yoplait Petit Miam Yoghurt Pouch 70g \$1.07 per 100g



80¢
ea

SAVE 40¢
WAS \$1.20

Pauls Kids Yoghurt Pouch 70g \$1.14 per 100g



\$1.40
ea

SAVE 60¢
WAS \$2

Chobani No Sugar Added Yoghurt Pouch 100g \$1.40 per 100g



\$1.50
ea

SAVE 70¢
WAS \$2.20

Farmers Union Greek Style or Kids No Added Sugar Yogurt Pouch 130g \$1.15 per 100g



\$1.60
ea

SAVE 80¢
WAS \$2.40

Vaalia Probiotics Kids Yoghurt Pouch 140g \$1.14 per 100g



\$1.60
ea

SAVE 80¢
WAS \$2.40

Tamar Valley Dairy Kids Greek Style Yoghurt Pouch 110g \$1.45 per 100g



\$1.75
ea

SAVE 75¢
WAS \$2.50

Nestlé Milo Energy Dairy Snack Pouch 150g \$1.17 per 100g



\$2
ea

SAVE \$1
WAS \$3

Bega Cheese & Crackers 38g \$5.26 per 100g



\$3
ea

SAVE \$1.50
WAS \$4.50

Primo Stackers or Trios 45g-50g *See page 4 for T&Cs



EVERY DAY



\$4⁵⁰
ea



75¢
PER
CARTON

Coles Multipack Full Cream Milk
6x200mL \$3.75 per litre



80¢
ea

Coles Squeeze Yoghurt Pouch
70g \$1.14 per 100g



\$2⁵⁰
pk

Coles English Style Ham 100g
\$25.00 per kg



\$2⁶⁰
ea

Coles Cheese Triangles 140g
\$18.57 per kg



\$3⁷⁰
ea

Coles Fruit Drink 6x250mL
\$2.47 per litre



\$4⁴⁰
ea

Coles Simply Sandwich Slices
500g \$8.80 per kg



\$5
ea

Coles Wheat Biscuits Cereal
1.12kg \$0.45 per 100g

School's
back

DOWN DOWN

School's
back

\$2⁹⁰
ea

DOWN DOWN
WAS \$3.25
JUL 2025

All Natural Bakery Oat Slice
100g \$2.90 per 100g

\$4⁸⁰
ea

DOWN DOWN
WAS \$5.70
JUN 2025

St. Dalfour Fruit Spread 284g
\$1.69 per 100g

\$5⁹⁰
ea

DOWN DOWN
WAS \$6.60
JUN 2025

Capilano 100% Pure Australian
Honey Squeeze 340g
\$1.74 per 100g



**NEW
FLAVOUR**

\$5
ea

SAVE \$1.30
WAS \$6.30

Mayver's Peanut Butter 375g
\$1.33 per 100g



\$5⁵⁰
ea

SAVE \$1.40
WAS \$6.90

Bega Smooth or Crunchy Peanut
Butter 470g \$1.17 per 100g



\$5⁵⁰
ea

SAVE \$1.40
WAS \$6.90

Bonne Maman Conserve 370g
\$1.49 per 100g



**NEW
FLAVOUR**

\$4⁷⁰
ea

SAVE \$2.20
WAS \$6.90

Fibre One Bars 105g-120g or
Nature Valley Crunchy Bars 252g



\$5⁴⁰
ea

SAVE \$3.60
WAS \$9

Sunsol Protein Granola 450g
\$1.20 per 100g



\$6⁴⁰
ea

SAVE \$1.60
WAS \$8

Kellogg's All Bran 530g
\$1.21 per 100g

100% Aussie Capsicums

\$5⁹⁰
kg

Australian Red, Green or Yellow Capsicums
\$5.90 per kg



\$4⁵⁰
bag

Coles Queensland Brushed
Potatoes 2kg Bag \$2.25 per kg



\$6⁵⁰
bag

Coles Australian Oranges
3kg Bag \$2.17 per kg





**School's
back**

\$3⁹⁰
pk

DOWN DOWN
WAS \$4.90 JUL 2025

Coles Australian Mini Apples
1kg Pack \$3.90 per kg

Serving suggestion only



Green Kiwifruit
Single sell \$0.90 each. \$0.80 each
when you buy 5

\$5_{pk}

**DOWN DOWN
WAS \$6
JUN 2025**

**Coles Kitchen Chicken Style
Soup Kit 450g Pack \$11.11 per kg**

\$12_{pk}

SAVE \$6
WACC10

SAVE \$6
WAS \$18

**Coles Dry Roasted or Roasted
& Salted Cashews 750g**
\$16.00 per kg

\$4_{pk}

**Australian Blueberries 125g
Punnet \$32.00 per kg**

\$5⁹⁰
kg

Australian Kanzi Apples
\$5.90 per kg

\$6⁵⁰_{pk}

Red Cherries 300g Pack
\$21.67 per kg



Australian Packham Pears
\$3.50 per kg



Big on flavour. Big on value.

\$5_{pk}

SAVE \$1.50
WAS \$6.50



Coles Australian Pork & Beef Bolognese Mince Regular 500g \$10.00 per kg.
Product sold uncooked



Serving suggestions only



\$12_{kg}

SAVE \$3_{kg}
WAS \$15_{kg}



Coles Free Range RSPCA Approved Chicken Breast Large Pack \$12.00 per kg.
Product sold uncooked



Serving suggestions only



\$10_{pk}

SAVE \$3
WAS \$13



Coles Australian No Added Hormones Beef Oyster Blade Steak 500g \$20.00 per kg.
Product sold uncooked



Serving suggestions only





Coles Australian No Added Hormones Beef Quick Cook Scotch Fillet or Porterhouse Steak 170g-180g



Coles Classic Burgers 400g-500g

Any 2 for
\$15



Coles RSPCA Approved Chicken Breast Diced 500g



Coles Australian Pork Loin Chops Lightly Marinated 450g

SAVE \$1



Coles Australian Lamb Leg Steak 270g



Coles Australian No Added Hormones 4 Star Beef Mince 500g

\$11 pk

SAVE \$2
WAS \$13

Coles Made Easy Slow Cooked Beef Stroganoff with Creamy Sauce 500g \$22.00 per kg. Product sold uncooked



Serving suggestion only



Fantastic finds from across the store

\$5_{ea}
EVERY DAY



Coles Fettuccine 300g
\$1.67 per 100g



Serving suggestion only

\$6²⁵_{ea}
DOWN DOWN
WAS \$7 JUN 2025



Coles Finest by Laurent Sourdough Vienna or Cob
\$6.25 per each. Selected stores only



Serving suggestion only

\$16_{kg}
DOWN DOWN
WAS \$18kg JUN 2025



KB's Thawed Seafood Marinara Mix
\$16.00 per kg. Selected stores only*.
Product sold uncooked



Serving suggestion only

*For locations of Deli counter stores visit coles.com.au/range-availability

Serving suggestion only

\$17 kg

DOWN DOWN
WAS \$18.50/kg JUN 2025

Coles MSC Certified
Thawed Smoked Cod Fillets
\$17.00 per kg.
Selected stores only*.
Product sold uncooked



\$38 kg

SAVE \$6/kg
WAS \$44/kg



Coles Tasmanian Fresh Salmon
Portions Skin On
\$38.00 per kg. Selected stores only*.
2nd week on sale

\$21 kg

SAVE \$3/kg
WAS \$24/kg



Austral MSC Certified Thawed
Raw King Prawns
\$21.00 per kg. 2nd week on sale



\$5⁵⁰ ea

EVERY DAY



OB Finest Quince Paste 100g
\$5.50 per 100g. Selected stores only*

\$285
PER
100g

\$28⁵⁰ kg

SAVE \$3.50/kg
WAS \$32/kg



Hans Milano Loin Ham
\$28.50 per kg. Selected stores only*.
2nd week on sale

\$2³⁰ ea

SAVE 70¢
WAS \$3



Primo Cabanossi
\$2.30 per each. Selected stores
only*. *See page 4 for T&Cs

\$11 pk

SAVE \$4
WAS \$15



Tassal Smoked Salmon 150g
\$73.33 per kg

\$15 ea

EVERY DAY

Coles Classic Homestyle
No Added Hormones Hot Roast Beef
\$15.00 per each. Selected stores only*

Ready
to eat

Serving suggestion only



*For locations of Deli counter stores visit coles.com.au/range-availability

What's for dinner?

Easy Bolognese



Serving suggestion only

\$10
Combo
Deal

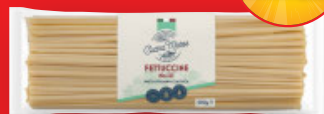
When
you
purchase



+



+



**Bonus
entry**
Shop. Scan. WIN!

Coles Australian Pork & Beef 3 Star Regular Bolognese Mince 500g
+ Coles Mum's Sauce 415g-500g + Cucina Matese Pasta 500g *See page 4 for T&Cs

Offer applies when Coles Pork & Beef 3 Star Regular Mince Bolognese 500g, Coles Mum's Sauce 415g-500g & Cucina Matese Pasta 500g are purchased in the same transaction. Offer valid from 02/07/25 until 29/07/25. Offer not available on Coles online.

School's back

\$3⁶⁰
ea

SAVE \$2.40
WAS \$6

Mr Kipling Cakes 150g-165g

40% OFF



\$3¹⁰
ea

DOWN DOWN
WAS \$3.45
JUN 2025

Coles Madeira Cake
315g-450g

\$3²⁵
ea

SAVE 55¢
WAS \$3.80

Coles Bakery Iced Donuts 6 Pack
\$0.54 per each.
Selected stores only

\$4
ea

SAVE \$1
WAS \$5

Coles Bakery Apple or Banoffee
Turnover \$4.00 per each.
Selected stores only.
From the Patisserie fridge

\$4⁵⁰
ea

SAVE \$1
WAS \$5.50

Mission Mini Wraps 8 Pack
384g \$1.17 per 100g

\$5
ea

EVERY DAY

Helga's Bread 650g-850g

\$3⁵⁰
ea

SAVE 50¢
WAS \$4

Coles Bakery Stone Baked
Turkish Loaf or Ciabatta Loaf
\$3.50 per each.
Selected stores only

**DOWN
DOWN**

\$3³⁰
pk

DOWN DOWN
WAS \$3.50
JUN 2025

Coles Bakery Cinnamon
Donuts 12 Pack \$0.28 per each.
Selected stores only

\$4⁵⁰
ea

DOWN DOWN
WAS \$6.60
JUN 2025

Tip Top Pizza Bases 2 Pack
440g \$1.02 per 100g

40% OFF



Fanta or Sprite Soft Drink
1.25 Litre \$1.92 per litre.
*See page 4 for T&Cs



Gatorade Sports Drink or
G Active Water 600mL
\$4.17 per litre



Red Bull Energy Drink 4x250mL
\$7.50 per litre



Coca-Cola, Fanta or Sprite
Soft Drink or Mt Franklin
Sparkling Water 10x375mL
\$3.20 per litre



Pepsi Max or Solo Zero Sugar
Soft Drink 24x375mL
\$2.50 per litre



Coca-Cola Soft Drink
30x375mL \$2.67 per litre



Thins Potato Chips 150g-175g
or Onion Rings 85g



Mars Chocolate Fun Size
132g-192g



Lindt Excellence Chocolate
80g-100g

Catalogue on sale Wed 16th Jul until Tue 22nd Jul 2025 or until Tue 29th Jul where indicated. Selected specials commenced Wed 9th Jul. Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles online, Coles Local, Coles Brisbane CBD, Express Myer, Tweed City, Tweed Heads, Banora Central and Banora Point. Deli promotions are not available at Coles Ormeau, Nerang Fair, Upper Mt Gravatt, Murrumba Downs, Helensvale, Everton Park, Strathpine Westfield, Benowa, Waterford, Mt Warren Park, Caneland (Mackay), Mudgeeraba, Upper Coomera, Pelican Waters, Aspley, Edmonton, Ferny Grove, Jindalee & Springfield. Savings, single sell prices and unit prices shown are off Queensland regular selling prices. Some advertised products may already be priced below the Queensland selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

NEW

**1/2
PRICE**

\$2⁵⁰
ea

SAVE \$2.50
WAS \$5



The Natural Confectionery Co. Strawberry & Raspberry Juicy Bursts 150g or Gummy Bears 180g

\$3
ea

SAVE \$1.20
WAS \$4.20



Solo Lemon Energy Drink 500ml
\$6.00 per litre

\$3⁵⁰
ea

SAVE \$1.50
WAS \$5



Grenade High Protein Bar 60g
\$5.83 per 100g

\$5
ea

SAVE \$1.30
WAS \$6.30



Mayver's Chocolate Hazelnut Peanut Butter
280g \$1.79 per 100g

\$5⁸⁰
ea

SAVE \$2.50
WAS \$8.30



Mayver's Low Carb High Protein Choc Fudge Brownie Bars 128g \$4.53 per 100g

\$6
ea

SAVE \$2.50
WAS \$8.50



Whittaker's Peanut Caramel Brittle Block Chocolate 250g \$2.40 per 100g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



1/2 PRICE



\$1.75
ea

SAVE \$1.75
WAS \$3.50

Gravox Liquid Gravy or Finishing Sauce
165g \$1.06 per 100g



\$2.75
ea

SAVE \$2.75
WAS \$5.50

Patak's Simmer Sauce 450g
\$0.61 per 100g



\$1
ea

DOWN DOWN
WAS \$1.40
JUN 2025

San Remo Single Snack La Pasta
80g \$1.25 per 100g



\$2
ea

SAVE 75¢
WAS \$2.75

Campbell's Real Stock 500mL
\$0.40 per 100mL



\$2.50
ea

SAVE \$2
WAS \$4.50

Heinz Eat Well Soup 380g
\$0.66 per 100g



\$4.40
ea

SAVE \$1.10
WAS \$5.50

Green's Deluxe Baking
Mix 380g-630g



\$4.90
ea

SAVE \$2.10
WAS \$7

Heinz Baked Beans or
Spaghetti 3x300g
\$0.54 per 100g



\$11
ea

SAVE \$2
WAS \$13

Cobram Estate Extra
Virgin Olive Oil 375mL
\$2.93 per 100mL.
2nd week on sale



\$18
ea

SAVE \$8
WAS \$26

La Española Olive Oil
1 Litre \$1.80 per 100mL.
Excludes Organic

1/2 PRICE



\$1.50
ea

SAVE \$1.50
WAS \$3

Vitasoy Oat Milky 1 Litre
\$1.50 per litre



\$3.25
ea

SAVE \$3.25
WAS \$6.50

Uncle Tobys Oats Big Bowl
Sachets 368g \$0.88 per 100g



Bonus entry
Shop. Scan. WIN!

\$3.25
ea

SAVE \$3.25
WAS \$6.50

Primo Air-Dried Salami Sticks
90g \$3.61 per 100g.
*See page 4 for T&Cs



\$4.75
ea

SAVE \$4.75
WAS \$9.50

Vittoria Nespresso Compatible
Coffee Capsules 10 Pack
\$0.48 per each.
2nd week on sale



\$6.75
ea

SAVE \$6.75
WAS \$13.50

Twinings Tea Bags
80 Pack-100 Pack



\$10
ea

SAVE \$10
WAS \$20

Nescafé Gold 180g-200g



\$5.50
ea

SAVE \$1.50
WAS \$7

Nestlé Milo Cereal 350g
\$1.57 per 100g

QLD-METRO-1607-25-431505



\$5.20
ea

SAVE \$1.30
WAS \$6.50

Uncle Tobys Rolled Oats 1kg
\$0.52 per 100g



\$8
ea

SAVE \$2.80
WAS \$10.80

Kellogg's Nutri Grain 765g
or Just Right Cereal 740g



\$7⁵⁰
ea

SAVE \$3.20
WAS \$10.70

Nestlé Milo 395g-460g



\$5
ea

SAVE \$2.90
WAS \$7.90

L'Or Nespresso Compatible
Coffee Capsules 10 Pack
\$0.50 per each



\$10⁵⁰
ea

SAVE \$4.50
WAS \$15

Vittoria Freeze Dried Instant
Coffee 100g \$10.50 per 100g.
Excludes Decaf



\$17
ea

SAVE \$7.60
WAS \$24.60

Bonus entry
Shop. Scan WIN!

Moccona Specialty Blend Instant
Coffee 200g \$8.50 per 100g.
*See page 4 for T&Cs



\$35⁴⁰
ea

SAVE \$23.60
WAS \$59

Lavazza Espresso Barista Coffee
Beans 1kg \$3.54 per 100g



\$44⁵⁰
ea

SAVE \$11.50
WAS \$56

Vittoria Espresso Coffee Beans
or Ground 1kg \$4.45 per 100g



Nestlé
MILO

1/2 PRICE

\$4³⁰
ea

SAVE \$4.30
WAS \$8.60

\$6
ea

SAVE \$6
WAS \$12

Nestlé Milo Frothy
Sachets 8 Pack 136g
\$3.16 per 100g

Nestlé Milo Restore
Overnight or Milo Pro 440g
\$1.36 per 100g

MILO® RESTORE OVERNIGHT and MILO® PRO are a nutritional boost for active lives

ADVERTISER PROMOTION

EVERY DAY



\$2¹⁵
ea

Coles Asia Thick Egg Noodles
340g \$0.63 per 100g



\$2⁸⁰
ea

Coles Asia Soy Sauce 500mL
\$0.56 per 100mL



\$8⁶⁰
ea

Coles Asia Sesame Oil 370mL
\$2.32 per 100mL



\$2⁶⁰
ea

SAVE 70¢
WAS \$3.30

John West Salmon 95g
\$27.37 per kg



\$3⁴⁰
ea

SAVE 90¢
WAS \$4.30

Valcom Curry Paste 210g-240g



\$3⁵⁰
ea

SAVE 90¢
WAS \$4.40

Golden Circle Pineapple
440g-450g



\$3⁷⁰
ea

SAVE \$1
WAS \$4.70

Sirena Tuna 185g
\$20.00 per kg



\$5
ea

SAVE \$3
WAS \$8

Nongshim Shin Ramyun Noodle
5 Pack 600g \$0.83 per 100g



\$13
ea

SAVE \$3.50
WAS \$16.50

Alfa One Rice Bran Oil 3 Litre
\$0.43 per 100mL



Sign up to Coles Plus or Coles Plus Saver
and be ready for a great week
of exclusive online offers!

[Find out more](#)

*Offers valid 23-29 July 2025 only for Coles Plus and Coles Plus Saver members. Online offers apply on Coles Online and on the Coles App only (exclusions apply). Coles Plus Saver is charged at \$7/month and Coles Plus is charged at \$19/month or \$199/year. T&Cs apply.



**1/2
PRICE**

\$2⁴⁵
ea

SAVE \$2.45
WAS \$4.90

Wicked Sister Twin Pack Dessert
300g-340g



\$9
ea

DOWN DOWN
WAS \$10.30
MAY 2025

Great Ocean Road Cheese Block
500g \$18.00 per kg



\$2³⁰
ea

SAVE 60¢
WAS \$2.90

Pauls Plus+ Protein Yoghurt
Pouch 150g \$1.53 per 100g



\$6³⁰
ea

SAVE \$1.60
WAS \$7.90

Gippsland Dairy Twist Yogurt 700g
\$0.90 per 100g



\$6⁵⁰
ea

EVERY DAY

Tasmanian Heritage Trilogy 140g
\$46.43 per kg



\$6⁹⁰
ea

SAVE \$3
WAS \$9.90

Mersey Valley Cheese 235g
\$29.36 per kg



\$7
ea

SAVE \$3.45
WAS \$10.45

Mil Lel Parmesan Block 250g
\$28.00 per kg



\$10
ea

SAVE \$1
WAS \$11

Cheer Cheese Slices 500g
\$20.00 per kg

**DOWN
DOWN**

\$4
ea

DOWN DOWN
WAS \$4.50
MAY 2025

Perfect Italiano Parmesan 125g
\$32.00 per kg



\$6
ea

DOWN DOWN
WAS \$6.80
MAY 2025

South Cape Brie 200g
\$30.00 per kg



NEW FLAVOURS



**2 for
\$7**
SAVE \$2

Black Swan Favourites Dip
180g-200g



\$3⁵⁰
ea
SAVE \$1
WAS \$4.50

Yumi's Dip 200g
\$1.75 per 100g



\$3²⁰
ea
SAVE \$1
WAS \$4.20

Pauls Plus+ Protein No Added Sugar Flavoured Milk
400mL \$8.00 per litre



\$4⁵⁰
ea
SAVE \$1.20
WAS \$5.70

Philadelphia Spreadable Cream Cheese 250g
\$18.00 per kg



\$2⁵⁰
ea
SAVE \$1
WAS \$3.50

The Juice Lab Wellness Shot 350mL
\$41.67 per litre



\$5⁵⁰
ea
SAVE \$1
WAS \$6.50

Nudie Orange Juice 1 Litre
\$5.50 per litre

**DOWN
DOWN**

\$4⁵⁰
ea
DOWN DOWN
WAS \$5.20
APR 2025

Western Star Butter 250g
\$1.80 per 100g



\$4⁵⁰
ea
DOWN DOWN
WAS \$5.20
MAY 2025

Nuttelex Spread 500g
\$0.90 per 100g



EVERY DAY



\$5⁴⁰
ea

Coles Kitchen Pasta Sauce
480g \$1.13 per 100g



\$6
ea

Coles Filled Pasta 600g
\$1.00 per 100g



\$12⁵⁰
ea

Coles Beef Lasagne 1.8kg
\$0.69 per 100g



\$4
ea

SAVE \$2.50
WAS \$6.50

La Famiglia Garlic Bread Slices 270g
\$1.48 per 100g



\$6
ea

SAVE \$2
WAS \$8

Rana Filled Pasta 325g
\$1.85 per 100g



\$5⁵⁰
pk

SAVE \$1.30
WAS \$6.80

Primo Maple Streaky Bacon 175g
\$31.43 per kg. *See page 4 for T&Cs



\$14
pk

SAVE \$8
WAS \$22

Primo Rindless Short Cut Bacon 1kg
\$14.00 per kg. *See page 4 for T&Cs

**DOWN
DOWN**

\$2¹⁰
ea

DOWN DOWN
WAS \$2.30
APR 2025

Coles Simply Garlic Bread Twin Pack 450g
\$0.47 per 100g



\$6⁷⁵
ea

DOWN DOWN
WAS \$7.50
MAY 2025

Liddells Cheese Block, Sliced or Shredded 250g
\$27.00 per kg



WIN

\$1K A DAY!

PLUS WIN \$100 CASH INSTANTLY



Primo Stackers
45g-50g



Primo Sliced Meat 80g-100g
On sale for 2 weeks



SCAN THE QR CODE FOR YOUR CHANCE TO WIN

T&Cs apply, see winwithprimo.com.au. AU res. Ends: 11:59pm AEST 24/8/25. Limit 1 entry p/day. NSW Authority TP/ 04153. ACT Permit No. TP25/ 00310. SA Permit No. T25/ 216.

Competition not associated with Shop. Scan. WIN!

ADVERTISER PROMOTION

WANT A QUICK & COSY LUNCH THIS WINTER?

COLES KITCHEN HAS YOU SORTED.



Serving suggestion only.

\$5
ea

DOWN DOWN
WAS \$5.50
JUN 2025

Coles Kitchen Chicken & Corn
Soup 550g \$0.91 per 100g



\$4
ea

EVERY DAY

Coles Kitchen Butternut
Pumpkin Soup 300g
\$1.33 per 100g



Coles Kitchen
Butter Chicken
with Rice 350g
\$2.14 per 100g



Coles Kitchen
Spaghetti
Bolognese 350g
\$2.14 per 100g

Any 2 for
\$15

SAVE \$1



2 for
\$11.50

SAVE \$1.50

Coles Kitchen Beef Ragù
Lasagne 400g \$1.44 per 100g



Coles Kitchen Pulled Pork
Mac & Cheese 350g
\$2.14 per 100g



Coles Kitchen Spinach
& Ricotta Cannelloni 350g
\$2.14 per 100g

YOUFOODZ

High Protein, low effort.

Fuel your workout with
40g+ protein.



Grab yours from the fresh ready meal
aisle in-store or online.



ADVERTISER PROMOTION

Youfoodz Fuel'd Meal
400g-436g

NEW



\$6⁵⁰
ea
EVERY DAY

Canon Foods Chicken Nuggets 1kg
\$6.50 per kg



\$7⁶⁰
ea
SAVE \$1.90
WAS \$9.50

Lilydale Chicken Tenders 400g
\$1.90 per 100g



\$10
ea
EVERY DAY

Coles Frozen Crumbed Chicken Chips
1kg \$10.00 per kg



\$10⁴⁰
ea
SAVE \$2.60
WAS \$13

Inghams Hot Honey Wings 1kg
\$10.40 per kg



\$12
ea
DOWN DOWN
WAS \$13.35
JUL 2025

Inghams Sweet Chilli Chicken Tenders
1kg \$12.00 per kg



2 for
\$25
SAVE \$7

Coles Finest Prosciutto Wrapped Chicken
500g \$25.00 per kg. 2nd week on sale

1/2 PRICE

\$4⁵⁰ ea

SAVE \$4.50 WAS \$9

Bulla Frozen Dessert Sticks
8 Pack-14 Pack 400mL-750mL

\$5⁴⁰ ea

SAVE \$3.60 WAS \$9

Streets Rainbow or Chocolate
Paddle Pop Sticks 8 Pack 544mL
\$0.99 per 100mL

\$8⁴⁰ ea

SAVE \$3.60 WAS \$12

Streets Magnum Sticks
4 Pack-6 Pack 360mL-428mL
On sale for 2 weeks

Bonus entry
Shop. Scan. WIN!

\$6⁹⁰ ea

SAVE \$2.60 WAS \$9.50

Peters Drumstick Cones
4 Pack-6 Pack 475mL-490mL
*See page 4 for T&Cs

\$9⁵⁰ ea

SAVE \$5 WAS \$14.50

Ben & Jerry's Ice Cream Tub
427mL-458mL

\$9 ea

SAVE \$3 WAS \$12

Connoisseur Ice Cream Tub
1 Litre \$0.90 per 100mL

FISH & CHIPS, MADE EASY.



1/2 PRICE

\$6 ea

SAVE \$6 WAS \$12

\$4⁶⁰ ea

SAVE \$1.20 WAS \$5.80

Birds Eye Oven Bake Fish Fillets
425g \$14.12 per kg

Birds Eye Golden Crunch
Chips 900g \$5.11 per kg



ADVERTISER PROMOTION



coles
Finest

EXPERIENCE THE
DIFFERENCE



SERVING SUGGESTION ONLY

OUR FINEST PROSCIUTTO WRAPPED CHICKEN

YOUR SPECIAL MOMENTS

Find it in the freezer aisle



Coles Finest Prosciutto Wrapped Chicken
500g \$25.00 per kg. 2nd week on sale



Coles Finest Parmentier Potatoes with
Herb Butter 500g \$9.00 per kg

\$3⁵⁰ ea

SAVE \$1.50
WAS \$5

U by Kotex Extra Overnight Pads with Wings 6 Pack,
Tampons Regular 16 Pack or Ultra Thin Pads with Wings
Regular 14 Pack or Super 12 Pack

\$5⁵⁰ ea

SAVE \$1.54
WAS \$7.04

Tom Long Continence
Liners 20 Pack
\$0.28 per each

\$5⁵⁰ ea

SAVE \$1.45
WAS \$6.95

Poise Pads Extra Plus
10 Pack or Regular
16 Pack

\$11⁵⁰ ea

SAVE \$2.90
WAS \$14.40

Depend Real Fit
Underwear for Women
Size XL 8 Pack
\$1.44 per each

\$30 ea

SAVE \$20
WAS \$50

Oral B Vitality Precision
Clean Electric Toothbrush
1 Pack \$30.00 per each.
2nd week on sale

\$9 ea

SAVE \$4.50
WAS \$13.50

Herbal Essences Bio
Renew Shampoo or
Conditioner 400mL
\$2.25 per 100mL

\$10 ea

SAVE \$7
WAS \$17

Garnier Fructis
Shampoo or
Conditioner 850mL
\$1.18 per 100mL

\$23 ea

SAVE \$16
WAS \$39

Revlon ColorStay
Pressed Powder 8.4g
\$27.38 per 10g

\$15 ea

SAVE \$10
WAS \$25

Garnier Cleansing
Micellar Water 700mL
\$2.14 per 100mL

\$6⁵⁰_{ea}

SAVE \$2.20
WAS \$8.70

Hydralyte Effervescent Tablets 10 Pack[^]
\$0.65 per each

\$12_{ea}

SAVE \$5.50
WAS \$17.50

Duro-Tuss Relief Liquid 200mL[^]
\$6.00 per 100mL

\$12⁸⁰_{ea}

SAVE \$6.20
WAS \$19

Ease a Cold Cough, Cold & Flu Capsules 24 Pack[^]
\$0.53 per each

\$15_{ea}

DOWN DOWN
WAS \$19
JUN 2025

Strepsils Extra Lozenges Honey & Lemon 36 Pack[^] \$0.42 per each

\$15_{ea}

SAVE \$6.50
WAS \$21.50

Gillette Fusion 5 Razor Kit with 2 Refill Blades 1 Pack
\$15.00 per each

[^]This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Incorrect use could be harmful.

COMBAT THE COLD

HALEON

\$6_{ea}

DOWN DOWN
WAS \$6.75
JUN 2025

Children's pain & fever relief

Panadol Children 7+ Years Paracetamol Chewable Tablets 12 Pack \$0.50 per each

\$10³⁰_{ea}

DOWN DOWN
WAS \$11.45
JUN 2025

Pain, Cold & Flu Symptom Relief

Panadol Cold & Flu Plus Decongestant Tablets 16 Pack \$0.64 per each

\$5⁵⁰_{ea}

SAVE 85¢
WAS \$6.35

Extra Strength Pain Relief
Greater pain relief than standard paracetamol tablets.
Renner B, et al. J Clin Pharmacol 2007;47:715-26.
(GSK sponsored study).

Panadol Extra Paracetamol Caplets 16 Pack \$0.34 per each. On sale for 2 weeks

\$3⁵⁰_{ea}

SAVE 45¢
WAS \$3.95

Pain Relief

Panadol Optizorb Pain Relief Caplets 16 Pack \$0.22 per each

GRAB COLD & FLU SYMPTOM RELIEF

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. INCORRECT USE COULD BE HARMFUL. Trademarks are owned by or licensed to the Haleon group of companies © 2025 Haleon group of companies or its licensor. PM-AU-PAN-25-00157.

ADVERTISER PROMOTION

5 for \$9⁵⁰
SAVE \$1.25

Rafferty's Garden 4+ Months, 6+ Months or 8+ Months Baby Food Pouch 120g
 \$1.58 per 100g. 2nd week on sale

40% OFF
\$4⁸⁰ ea
SAVE \$3.20
 WAS \$8

WaterWipes Baby Wipes 60 Pack
 \$8.00 per 100 each

\$19⁵⁰ ea
SAVE \$13.50
 WAS \$33

B.Box Lunch Box or Insulated Drink Bottle 350mL 1 Each \$19.50 per each. On sale for 2 weeks

\$1⁸⁰ ea
DOWN DOWN
 WAS \$2
 MAY 2025

Little Bellies Softcorn 8g
 \$22.50 per 100g

NEW at coles
\$29 ea
SAVE \$6
 WAS \$35

Huggies Skin Protect Nappies 74 Pack or Nappy Pants 42 Pack-58 Pack

\$20 ea
SAVE \$5
 WAS \$25

Nestlé NAN Optipro Stage 3 Toddler Milk Drink 800g
 \$2.50 per 100g



Rascals™
PREMIUM NAPPY PANTS

Ready for every mess

\$15 ea
SAVE \$2.50
 WAS \$17.50

Rascals Premium Nappy Pants 22 Pack-29 Pack

\$26 ea
SAVE \$5.50
 WAS \$31.50

Rascals Premium Nappy Pants
 Make change-time easier!

ADVERTISER PROMOTION



\$1¹⁰
ea
SAVE 50¢
WAS \$1.60

Dine Daily Cat Food 85g
\$1.29 per 100g



\$3²⁰
ea
SAVE 80¢
WAS \$4

Dine Creamy Treats Cat Food
4x12g \$6.67 per 100g



\$10
ea
SAVE \$4.50
WAS \$14.50

Felix Cat Food 12x85g
\$0.98 per 100g. *See page 4 for T&Cs



\$2⁸⁰
ea
SAVE 70¢
WAS \$3.50

Pedigree Dog Food 700g
\$0.40 per 100g



\$4²⁰
ea
SAVE \$1.80
WAS \$6

Nature's Gift Slow Cooked Dog
Food 2x220g \$0.95 per 100g.
From the chilled pet food fridge



\$12
ea
SAVE \$5
WAS \$17

Schmackos Dog Treats
450g-500g

PURINA®

SUPERCOAT®

FEED THEM THE

#1 DRY

DOG FOOD

BRAND IN

AUSTRALIA^

\$10⁸⁰
ea
SAVE \$7.20
WAS \$18

Supercoat Dry Dog Food
2.6kg-2.8kg
*See page 4 for T&Cs

EVERY INGREDIENT
SMARTBLEND®
HAS A PURPOSE

MADE WITH

REAL MEAT

Bonus entry
Shop. Scan. WIN!

AUSTRALIAN MADE

^Source: Circana Home Panel Data, total Supercoat, dollar sales, total AU all outlets, MAT to 23/02/2025.

ADVERTISER PROMOTION

DOWN DOWN



\$4⁷⁰
ea

DOWN DOWN
WAS \$5.25
JUL 2025

Hercules ClickZip Resealable
Sandwich Bags 100 Pack
\$0.05 per each



\$5
ea

DOWN DOWN
WAS \$6
MAY 2025

Green Nation Air Freshener
200mL \$2.50 per 100mL



\$7
ea

DOWN DOWN
WAS \$10
JUN 2025

Pine O Clean Disinfectant
Floor Cleaner 1.5 Litre
\$0.47 per 100mL



\$2
ea

DOWN DOWN
WAS \$2.50
MAY 2025

Quilton 3-Ply Facial Tissues 95 Pack-110 Pack



60¢
PER ROLL

\$18
ea

Quilton 4-Ply Softness Gold Toilet Tissue 30 Pack
\$0.43 per 100 sheets. While stocks last. No rainchecks

1/2
PRICE



\$6
ea

SAVE \$6
WAS \$12

Pine O Clean Disinfectant Wipes 110 Pack
\$0.05 per each

QLD-METRO-1607-25-431505



\$17⁵⁰
ea

DOWN DOWN
WAS \$35
JUN 2025

Air Wick Essential Mist Diffuser + Refill 20mL
\$8.75 per 10mL

1/2 PRICE



\$12⁷⁵
ea

SAVE \$12.75
WAS \$25.50

**Decor XL Double Wall
Smoothie & Coffee Tumbler**
650mL \$12.75 per each



\$3⁵⁰
ea

SAVE \$3.50
WAS \$7

Décor Tellfresh Container
2 Litre \$3.50 per each



\$2⁵⁰
ea

SAVE \$2.50
WAS \$5

Décor Tellfresh Container
500mL \$2.50 per each



\$11⁵⁰
ea

SAVE \$5.50
WAS \$17

NRG 1.2m USB-A to Lightning Cable
White 1 Each



\$35
ea

SAVE \$15
WAS \$50

NRG True Wireless Earphone
1 Each



\$3
ea

EVERY DAY

Coles Reporter Note Pad
1 Each



\$12
ea

SAVE \$23
WAS \$35

**BETTER
THAN
1/2
PRICE**

amaysim \$35 Starter Pack
• 42GB + 18GB bonus data
first 3 renewals



\$179
ea

SAVE \$71
WAS \$250

Lebara \$250 Starter Pack
• 260GB, 360 day expiry



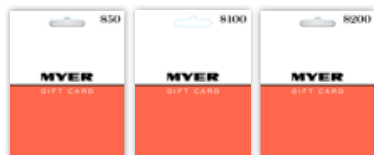
\$199
ea

SAVE \$151
WAS \$350

Optus \$350 Prepaid SIM
• 300GB on first 3 recharges,
220GB from 4th

**10%
BONUS
VALUE**

**When you purchase
Myer Gift Cards**
In-store only



Limit 5 Gift Cards per customer. Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. While stocks last, no rainchecks. Offer valid from 16/7/25 to 22/7/25. Refer to individual gift card for terms and conditions.

Telco-General SIMs: All value SIMs include first recharge applied on activation. All for personal use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Speed caps apply. 5G coverage in selected areas where specified. Terms & Fair Go policies apply, see individual packs. Limit 5 per customer.

General SIMs: Value SIMs include first recharge applied on activation. All for personal use in AU only. New services only, not for recharge purposes. All recharges revert to standard plan price. Speed caps apply. 5G coverage in selected areas where specified. Terms & Fair Go policies apply, see individual packs. Limit 5 per customer.

amaysim \$35 SIM: Price offer ends 29/7/25. Activate by 31/7/25 for bonus data on first 3 renewals when renewing on or before due dates. Ongoing \$35/42GB/28 days auto-renewing.



\$5⁵⁰
ea

SAVE \$4.50
WAS \$10

Bic Mega Lighter 1 Each
\$5.50 per each. 2nd week on sale



\$13⁸⁰
ea

SAVE \$9.20
WAS \$23

Duracell Optimum Batteries AA or AAA 10 Pack \$1.38 per each



\$30
ea

SAVE \$9.50
WAS \$39.50

Brita Marella Water Jug 2.4 Litre



\$9
ea

EVERY DAY

Coles Cook & Dine Tall Tumblers 4 Pack \$2.25 per each



\$10
ea

EVERY DAY

Coles Cook & Dine Springform Cake Tin 20cm or 12 Cup Mini Muffin Tray



\$12
ea

EVERY DAY

Coles Cook & Dine Roasting Pan 1 Each

**Joseph[®]
Joseph duo**

Inventive Tools for Everyday Tasks

30% OFF
JOSEPH JOSEPH
Exclusions apply[†]

Now available at Coles



3 Slice

3-in-1 Avocado Tool with Stone Remover

\$10⁵⁰
ea

SAVE \$4.50
WAS \$15

ADVERTISER PROMOTION

[†]Excludes clearance items

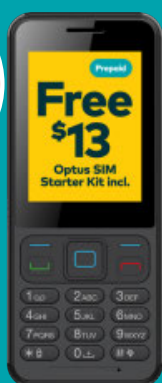
Joseph Joseph Duo 3 In 1 Avocado Tool

Prepaid deals *yes* OPTUS

Switch to Optus at Coles today



Optus X Lite 4
• 2.4" display
• Rear camera
• 4G network access



Optus X-Total
• 6.75" HD+ 90Hz Display
• 64GB Storage+ microSD Slot
• 5000mAh battery



Optus X Pro 5G
• 4G + 5G network access
• 50MP main camera
• Google Wallet via NFC



moto g35 5G
• 6.7" FHD+ Display and Dolby Atmos®
• 50MP + Ultrawide Camera System
• Tap to pay. Tap to share.



Optus \$35 AutoRecharge only Prepaid SIM Starter Kit
• Get 40GB first 3 recharges only. AutoRecharge required.
• Unlimited std talk & text within Australia
• Roll over up to 200GB



Optus \$49 Prepaid SIM Starter Kit
• Get 65GB first 3 recharges only
• Unlimited std talk & text in Australia
• Roll over up to 200GB
• 28 day expiry



All for use in Australia. Fair Go Policy applies. Activate within 30 days of purchase or by date advertised on the promotion, whichever is earlier, to receive advertised inclusions. Optus X-Total, Optus \$49 SIM Starter Kit offer ends 22/7/25. Optus X Lite 4, Optus X Pro 5G, Optus \$35 SIM Starter Kit offers end 29/7/25. moto g35 5G offer ends 12/8/25. Free Prepaid SIM: New services only. Activate SIM to apply included recharge to an available plan of same value. See optus.com.au/prepaidplans for full plan details. **\$49 SIM Starter Kit:** Includes \$49 recharge. New services only. Data applies for first 3 recharges within 90 days of activation only, reverts to 35GB after 3rd recharge (or as otherwise notified). **Unlimited Data Weekends:** from 12.01am Sat to 11.59pm Sun (local time) when you activate/recharge with AutoRecharge on \$49 Optus Flex Plus (excl. expired or manual recharges). Data Rollover: Requires recharge before expiry. **\$35 SIM Starter Kit:** Includes \$35 recharge. AutoRecharge setup with credit/debit card required to activate. If AutoRecharge turned off, choose from our other in-market plans to keep recharging. New services only. Data applies for first 3 recharges within 90 days of activation only, reverts to 20GB after 3rd recharge (or as otherwise notified). Some advertised plan inclusions (such as talk/text and unlimited data weekends) may not be accessible on certain tablets/modems. **5G:** 5G available in selected areas (excl. NT) with a compatible device and plan. **General:** Coverage varies, see optus.com.au/coverage For SIM offers, ongoing recharges revert to standard price. Devices are network locked. For unlocking fees see optus.com.au/unlock To use SIM, device must be compatible with the Optus Network, see optus.com.au/compatibility.

ADVERTISER PROMOTION

Unlock massive SAVINGS



Lyca \$30 Starter Pack

- 100GB for first 5 recharges, 50GB/28 days ongoing
- Bank up to 500GB
- Unlimited talk & text in Australia
- Unlimited standard calls to 35 countries
- All recharges at standard plan price



Lyca \$40 Starter Pack

- 200GB for first 5 recharges, 80GB/28 days ongoing
- Bank up to 500GB
- Unlimited talk & text in Australia
- Unlimited standard calls to 35 countries
- All recharges at standard plan price



Lyca \$30 Price offer ends 22/07/2025. Lyca \$40 Price offer ends 12/08/2025. \$30 Plan: 100GB/28 days (50GB + 50GB bonus data) on first 5 recharges for new customers when activating by 31/08/2025. Ongoing \$30/50GB/28 days. \$40 Plan: 200GB/28 days (80GB + 120GB bonus data) on first 5 recharges for new customers when activating by 31/08/2025. Ongoing \$40/80GB/28 days. 5G coverage in selected areas with compatible devices. Speed caps apply. Includes first recharge applied on activation. All for personal use in AU only. New services only, not for recharge purposes. All recharges refer to standard plan price. Full T&Cs apply.

LIQUORLAND

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**10x POINTS ON
SELECTED PRODUCTS
WHEN YOU SCAN YOUR FLYBUYS**

Offer valid in-store or online at Liquorland and First Choice Liquor Market. Excludes NT and WA North stores and residents. To qualify for this offer you must be a Flybuys member, purchase any selected product/s in-store or online and scan your Flybuys card or enter your member number at the point of purchase. Transactions must take place between 28/05/2025 and 11.59pm 22/07/2025. See full list of participating products at Liquorland at www.liquorland.com.au/specials/flybuys-offer. 10x points are equal to 1 standard point plus 9 bonus point per \$1 spent. Multiple redemptions allowed per member account. Points not awarded on purchases deemed to be wholesale quantities. Retail limits apply. Points awarded after savings and discounts. Excludes purchases made through any third-party ordering platforms including Uber Eats, Menulog and DoorDash. Points will be credited within 4 weeks after expiry of offer. Offer not available to under 18s and purchases must be made by persons aged 18 years or older, proof of age must be supplied on request. Flybuys and its liquor partners support ID25, DrinkWise (get the facts DrinkWise.org.au) and the responsible enjoyment of alcohol. Standard Flybuys terms and conditions apply and are available at flybuys.com.au.

~~\$22~~
\$18_{ea}



**Tinnies Pub
Classics Alcoholic
Raspberry Crush
Cans 6x330mL**



**6
PACK**

~~\$20~~
\$10_{ea}



**Pensilva
Cabernet
Sauvignon
750mL**



~~\$18~~
\$15_{ea}



**Drop of
Sunshine Pinot
Grigio 750mL**



~~\$25~~
\$18_{ea}



**Jacobs Creek
Double Barrel
Shiraz 750mL**



~~\$52~~
\$49_{ea}



**Canadian Club
& Dry Cans
10x375mL**



**10
PACK**

~~\$57~~
\$55_{ea}



**Heineken
Bottles
24x330mL**



**24
PACK**

NOT A FLYBUYS MEMBER?

SIGN UP TODAY

Terms and conditions apply and can be viewed at
flybuys.com.au/liquorlandoffers

NAT ex NT/WAN

Offers apply from 16/07/25 until 22/07/25 unless sold out prior. Specials not available through Liquorland Yamba, Narrabri, Tweed Heads, Banora Point, Murwillumbah, Lismore, Goonellabah, Moree, Inverell, Casuarina. Prices may vary in regional areas. Some products may not be available in all stores. Savings are shown off the regular selling price across our Queensland Metro stores. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. Liquor and tobacco not sold to under 18's. Not all promotions available online. All liquor products are sold and supplied by Liquorland (Australia) Pty Ltd or Queensland Venue Company Pty Ltd and its subsidiary entities. To view our terms and conditions including licence numbers visit www.liquorland.com.au

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SHOP INSTANTLY***

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2,000
POINTS

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*Flybuys points can be converted to Flybuys dollars in multiples of 2,000 points only.
2,000 points equates to \$10 Flybuys dollars. For Flybuys dollars T&Cs visit flybuys.com.au

SPIRITS



~~\$48~~
\$46^{ea}

Smirnoff Red
Vodka 700mL



~~\$89~~
\$72^{ea}

Belvedere
Vodka 700mL



~~\$82~~
\$78^{ea}

Jameson
Irish Whiskey
1 Litre



~~\$97~~
\$80^{ea}

The Kraken
Spiced Rum
1 Litre

BEER & PREMIX



~~\$27.50~~
\$23^{ea}

Coopers
Sparkling Ale
Cans 6x375mL

**6
PACK**



~~\$62~~
\$57^{ea}

Brick Lane Hi-Fi
Dry Japanese No
Carb Lager Cans
24x355mL

**24
PACK**



~~\$58~~
\$52^{ea}

-196 Double
Lemon & Soda
Cans 10x330mL

**10
PACK**



~~\$75~~
\$65^{ea}

Jack Daniels
Double Jack
& Cola Cans
10x375mL

**10
PACK**

Flybuys

COLLECT
POINTS
EVERY SHOP

**10% OFF
WINE[†]**
WHEN YOU PURCHASE
6+ BOTTLES

AND SCAN YOUR FLYBUYS

[†]Purchase 6 or more bottles of wine (excluding cask wine) in one transaction and scan or enter your Flybuys at the time of purchase.
Discount applied after savings and discounts. Offer excludes stores in NT and South Hedland areas in WA and purchases made through Uber Eats, DoorDash and Menulog. Standard Flybuys T&Cs apply at flybuys.com.au

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